

BA ZI

CHINESE ASTROLOGY &
10 PERSONALITY TYPES

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SEMINAR PROGRAM



INTRODUCTION - CHINESE ASTROLOGY

CHINESE ASTROLOGY | HEAVEN | PLANETS | YIN- YANG | FIVE PHASES | HEAVENLY STEMS | EARTHLY BRANCHES | BINOM

PART 1- THE BA ZI CHART

BA ZI CHART | DAY MASTER | STRENGTH OF DM | 5 FACTORES

PART 2- PERSONALITY TYPES

WOOD- GENERAL | NATURE | CHARACTER | JIA-YANG WOOD | YI- YIN WOOD | RELATIONSHIPS | HEALTH | BALANCE

FIRE- GENERAL | NATURE | CHARACTER | BING-YANG FIRE | DING- YIN FIRE | RELATIONSHIPS | HEALTH | BALANCE

EARTH- GENERAL | NATURE | CHARACTER | WU-YANG EARTH | JI- YIN EARTH | RELATIONSHIPS | HEALTH | BALANCE

METAL- GENERAL | NATURE | CHARACTER | GENG-YANG METAL | XIN- YIN METAL | RELATIONSHIPS | HEALTH | BALANCE

WATER- GENERAL | NATURE | CHARACTER | REN-YANG WATER | GUI- YIN WATER | RELATIONSHIPS | HEALTH | BALANCE

MATERIALS USED

- Frontal studies:
 - FSRC- feng shui research center- Joseph Yu
 - Daoist psychology - Yael Rain
- Books:
 - Ba Zi and four pillars of destiny- Serge Augier
 - Chinese astrology- Althea S.T
 - Heavenly stems and earthly branches- Master Zhong Xian Wu
 - The 12 Chinese animals- Master Zhong Xian Wu
 - Acupuncture celestial stems & terrestrial branches- Peter van Kervel
 - Applying stems and branches acupuncture in clinical practice- Joan Duveen
 - Five element constitutional acupuncture- Angela Hicks, John Hicks, Peter Mole
- Sites and various online studies:
 - <https://talenthero.io/>
 - <https://joeyyap.com/>
 - <https://chinesefatescience.newzenler.com/>

INTRODUCTION

CHINESE ASTROLOGY

CHINESE ASTROLOGY

Chinese Astrology is all about the movement and the meeting points of different stars and cycles of time.

It is not a fortune telling, it is about getting the persons roadmap in life by the understanding the available opportunities of these movements. while the choices are made by the person itself.

In Chinese astrology There are two main methods to predict the annual luck pillar, by specific SHEN SHA stars and by the 4 PILLARS and BA ZI.



CHINESE ASTROLOGY

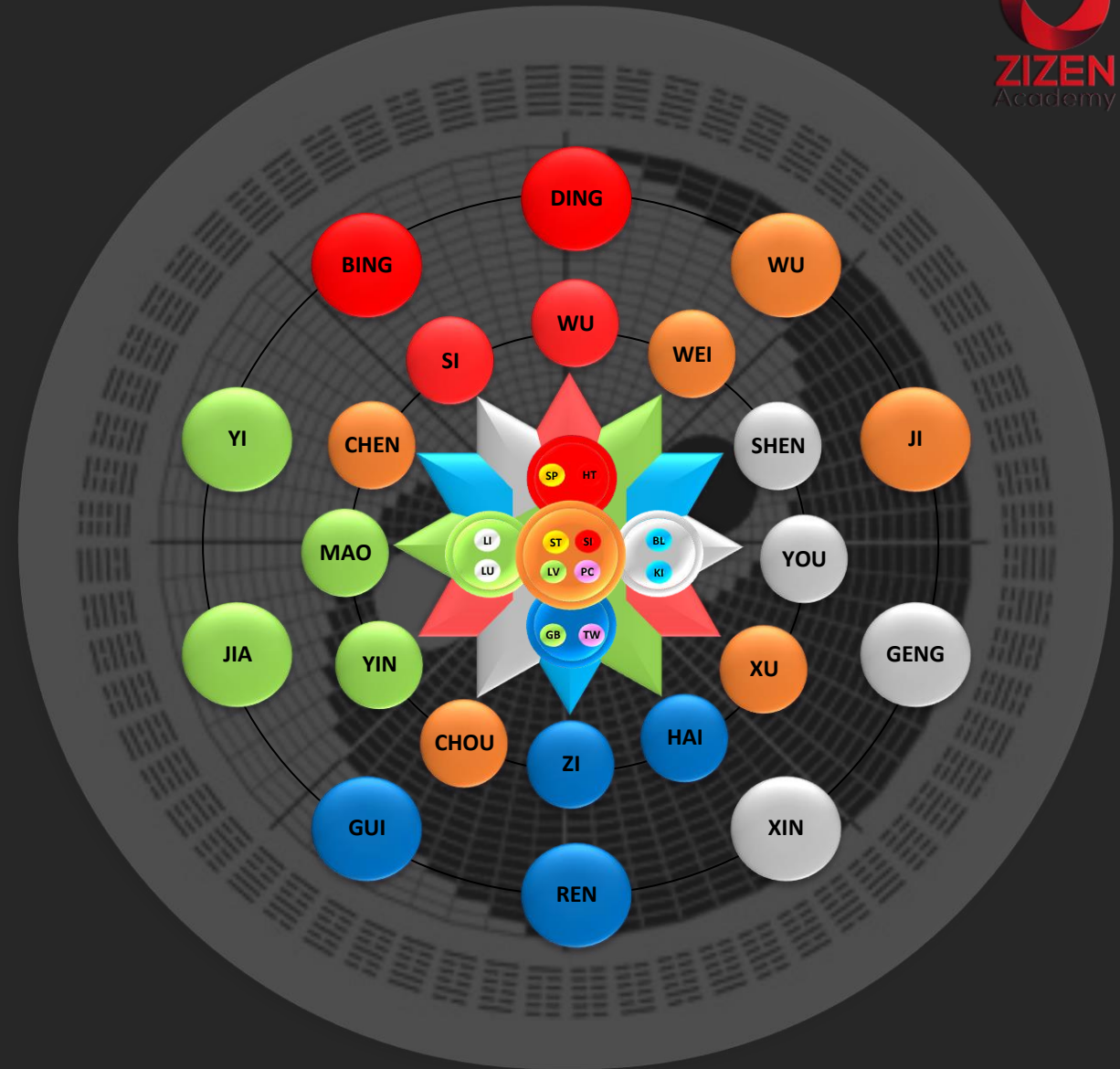
The ancient Chinese looked up to the stars to look for guidance. they mapped the sky and found different movements that are represented as the 12 zodiac signs.

Chinese astrology same as western astrology is based on stars, but Chinese relies on constellations that might get to 12 million possible personal charts.



CHINESE ASTROLOGY

- Cosmology- Deals with our relationship with the universe and the impact on our existence through the yang, yin, 5 elements, 10 heavenly stems and 12 earthly branches, that represent the energetic change in the cycles of time and seasons.
- Deals with the quality and quantity of energy from time of birth (energetic DNA), and the interaction with the qi of the universe and with different people's qi.



DAO

*“The
Dao
that
can
be
told
is
never
the
eternal
Dao”*

Lao Tzu 600 B.C



The Dao is everything
Words can't describe it
We are all part of it

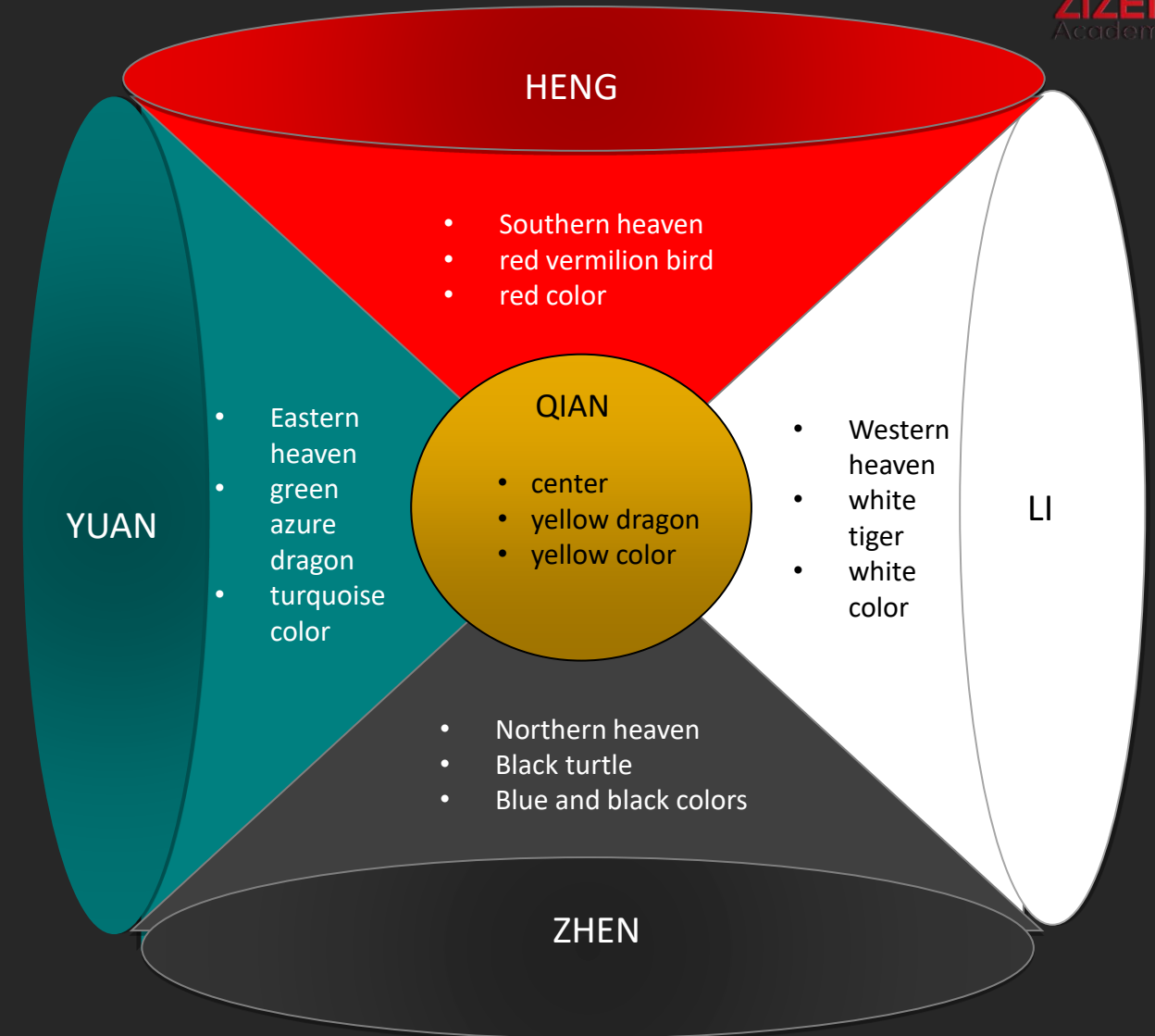
HEAVEN

HEAVEN is the largest aspect of the universe.

The physical heaven is divided to four parts.

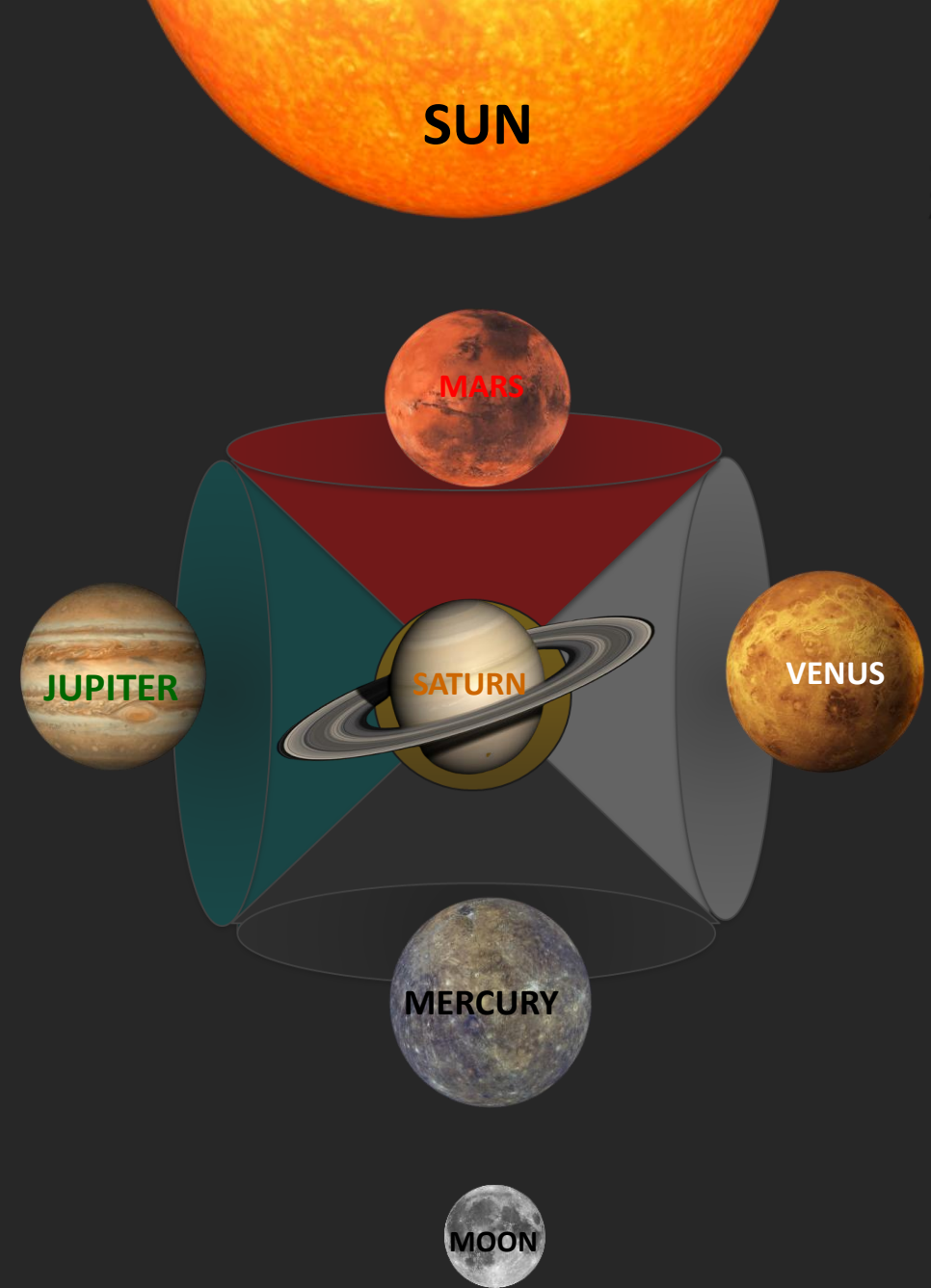
Each part is connected to different energies.

- QIAN- center
- YUAN- east
- HENG- south
- LI- west
- ZHEN- north



PLANETS

- There are also 5 planets representing these directions and the force of the heavens is speeded among these objects in the sky.
- They are the physical bodies in the heaven, and they are rooted to the five forces of the heaven.
 - QIAN- is Saturn
 - YUAN- is Jupiter
 - HENG- is Mars
 - LI- is Venus
 - ZHEN- is Mercury
- Sun- that represents the yang
- Moon-that represents the yin



YANG - YIN

- The 2 completing opposites that represent the polarity of everything in the universe.
- With the connection to the 4 directions, we get to the development of 5 phases, 10 stems, and 12 branches.
- Every aspect in life is a relativity of yin and yang.
- Views the universe as one integrated whole, and at the same time as two opposing but independent aspects.
- The most complicated situations can be reduced to yin or yang, providing the basis to diagnosis and treatment.
- In Chinese astrology they represent a major part of determining the true self and personality of the person / “Day Master” polarities of the five phases.



QI

- Qi can be described as universal energy, vital life force energy that moves through endless flow of transformation in all living beings.
- It is also the connection between every living thing the universe. It unites our body, our mind, and our spirit, and it unites us in everything.
- All tools of Chinese astrology and medical astrology are variations of Qi that include Yin-Yang, five phases, 10 heavenly stems, 12 earthly branches and cycles of time.



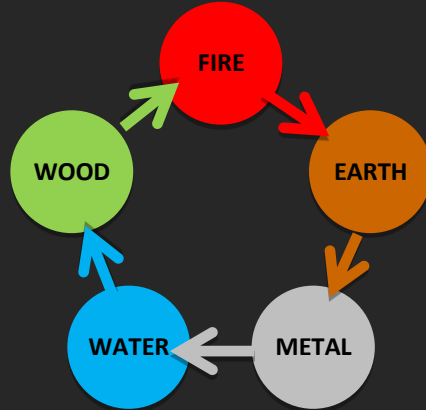
FIVE PHASES

- They are the foundation of the Ba Zi astrology.
- The relationships of these phases with each other will manifest the favorable and the unfavorable effects on our own energy during different circumstances and cycles of time.
- Each phase represents many aspects of the whole cycle, season, meridians, emotions, colors.
- Represent the movements of the five phases in nature with their relationships with each other. Each one is being supported, supporting, controlling, controlled by the others.
- Obtaining healthy life is all about the balance of the phases!

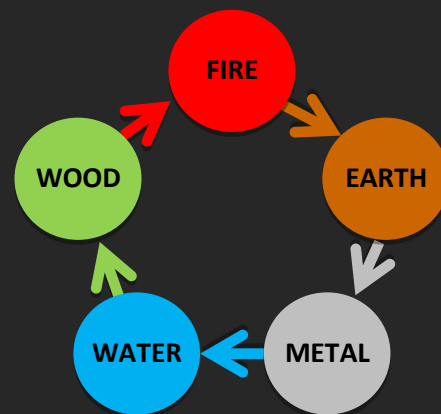


FIVE- PHASES RELATIONSHIPS

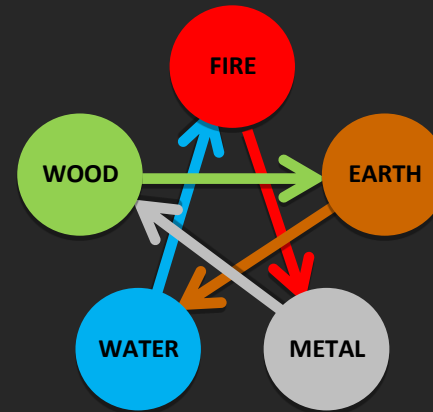
SUPPORTING CYCLE



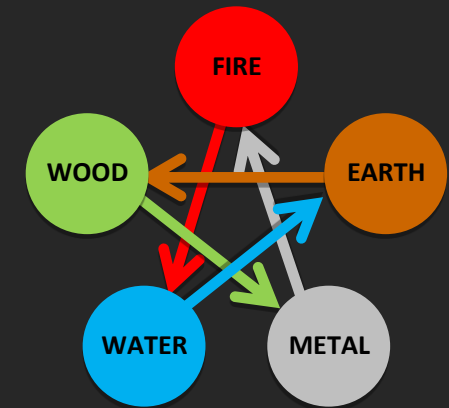
DRAINING CYCLE



CONTROLLING CYCLE

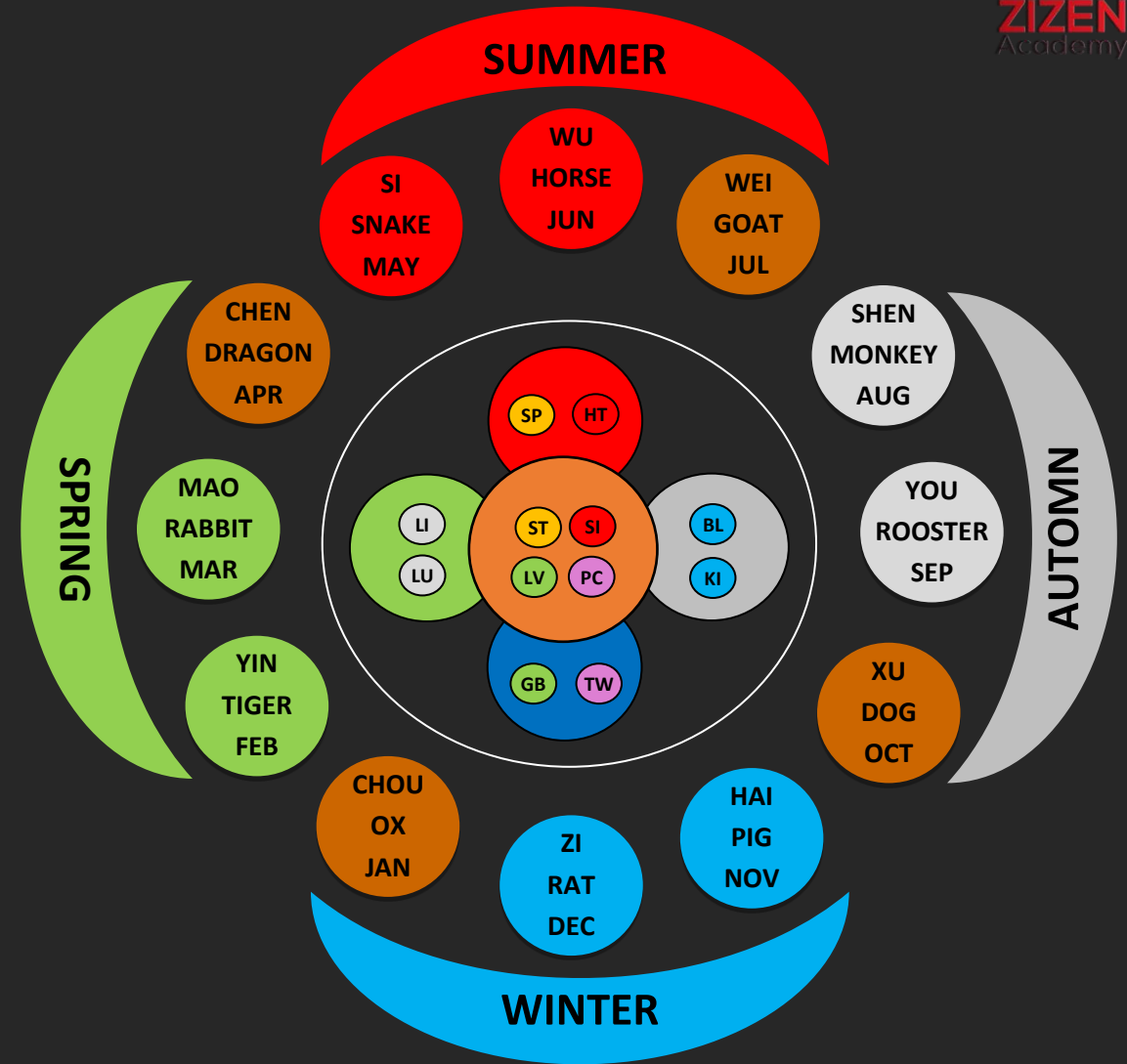


INSULTING CYCLE



5 PHASES IN SEASONAL ENERGY

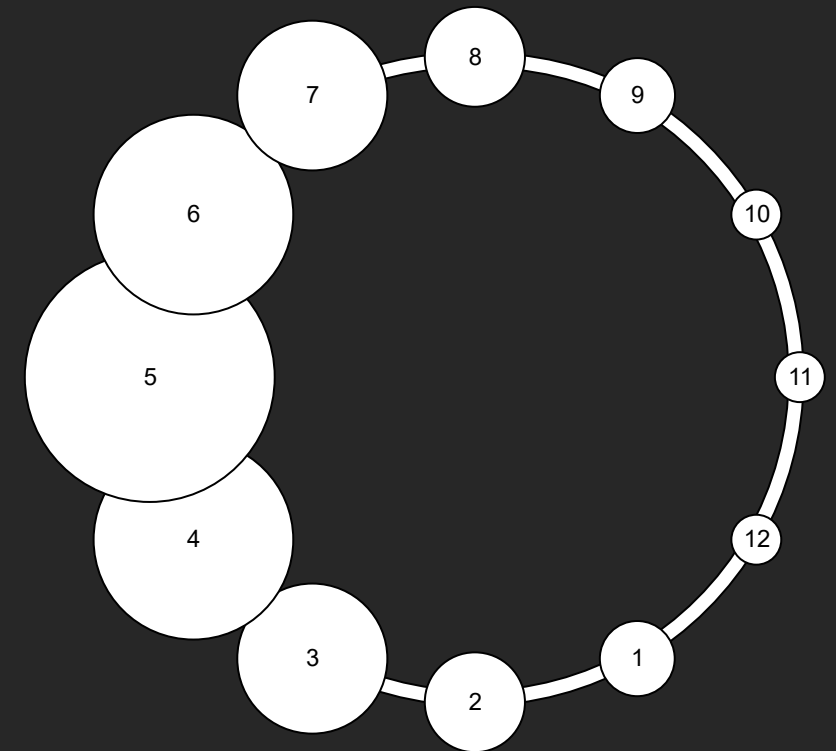
	BRANCH	ZODIAC	MONTH
1	ZI	RAT	DECEMBER
2	CHOU	OX	JANUARY
3	YIN	TIGER	FEBRUARY
4	MAO	RABBIT	MARCH
5	CHEN	DRAGON	APRIL
6	SI	SNAKE	MAY
7	WU	HORSE	JUNE
8	WEI	GOAT	JULY
9	SHEN	MONKEY	AUGUST
10	YOU	ROOSTER	SEPTEMBER
11	XI	DOG	OCTOBER
12	HAI	PIG	NOVEMBER



12 QI STAGES

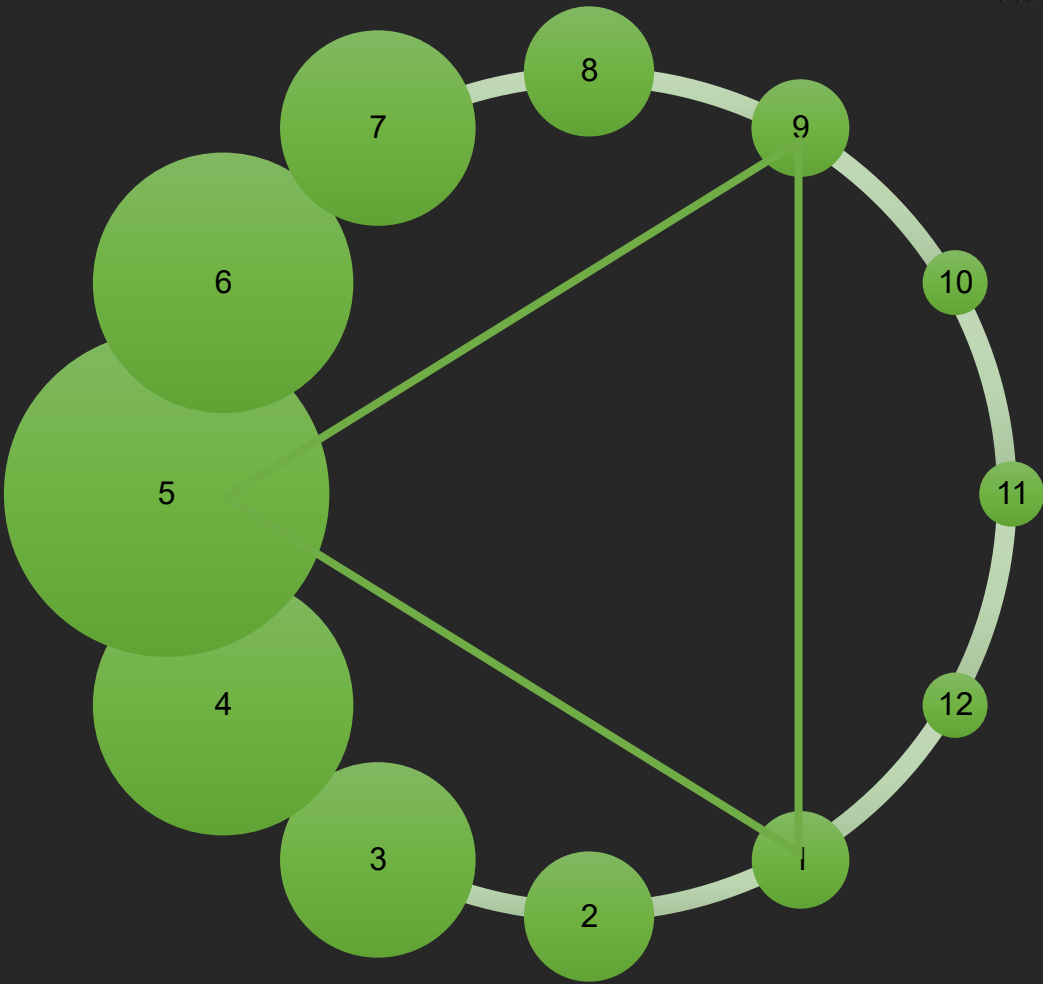
12 energetic phases of any life process of growth and decline stages of each element, from birth to death.

STAGE	CYCLE	ENERGY LEVEL
1	Birth	Needs energy-Strong, production, invention, beginning of actual life, delicate
2	Childhood	Needs energy- Needs support
3	Adolescence	Needs direction- Getting strong, development
4	Adulthood	Rising, growth- becoming a young adult, independent.
5	Prime	Peak and the strongest energy of the element.
6	Decline	Decline - After peak, getting older
7	Aging	Weakening - the end of energy cycle, no defense.
8	Death	Depletion - Back to unity
9	Dormancy	Buried, storing, grave- Energy is still there, Buried and influencing earth and heaven
10	Void	Preparation - Going back to the DAO, element is not there
11	Embryo	Beginning - Preparing for new life , all possibilities are there
12	Pregnancy	New creation has begun- pre-education time, planning time



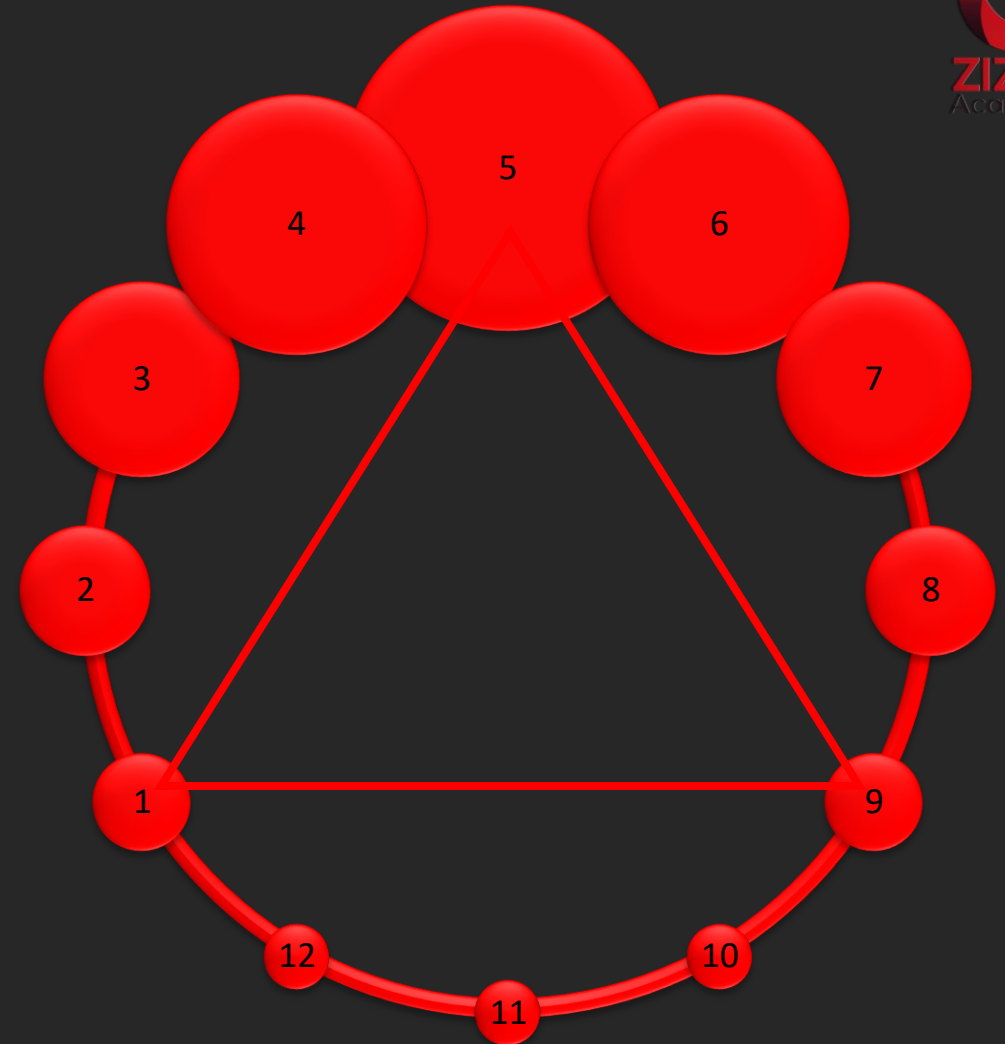
WOOD 12 QI STAGES

STAGE	CYCLE	ZODIAC	MONTH
1	Birth	PIG	NOVEMBER
2	Childhood	RAT	DECEMBER
3	Adolescence	OX	JANUARY
4	Adulthood	TIGER	FEBRUARY
5	Prime	RABBIT	MARCH
6	Decline	DRAGON	APRIL
7	Aging	SNAKE	MAY
8	Death	HORSE	JUNE
9	Dormancy	GOAT	JULY
10	Void	MONKEY	AUGUST
11	Embryo	ROOSTER	SEPTEMBER
12	Pregnancy	DOG	OCTOBER



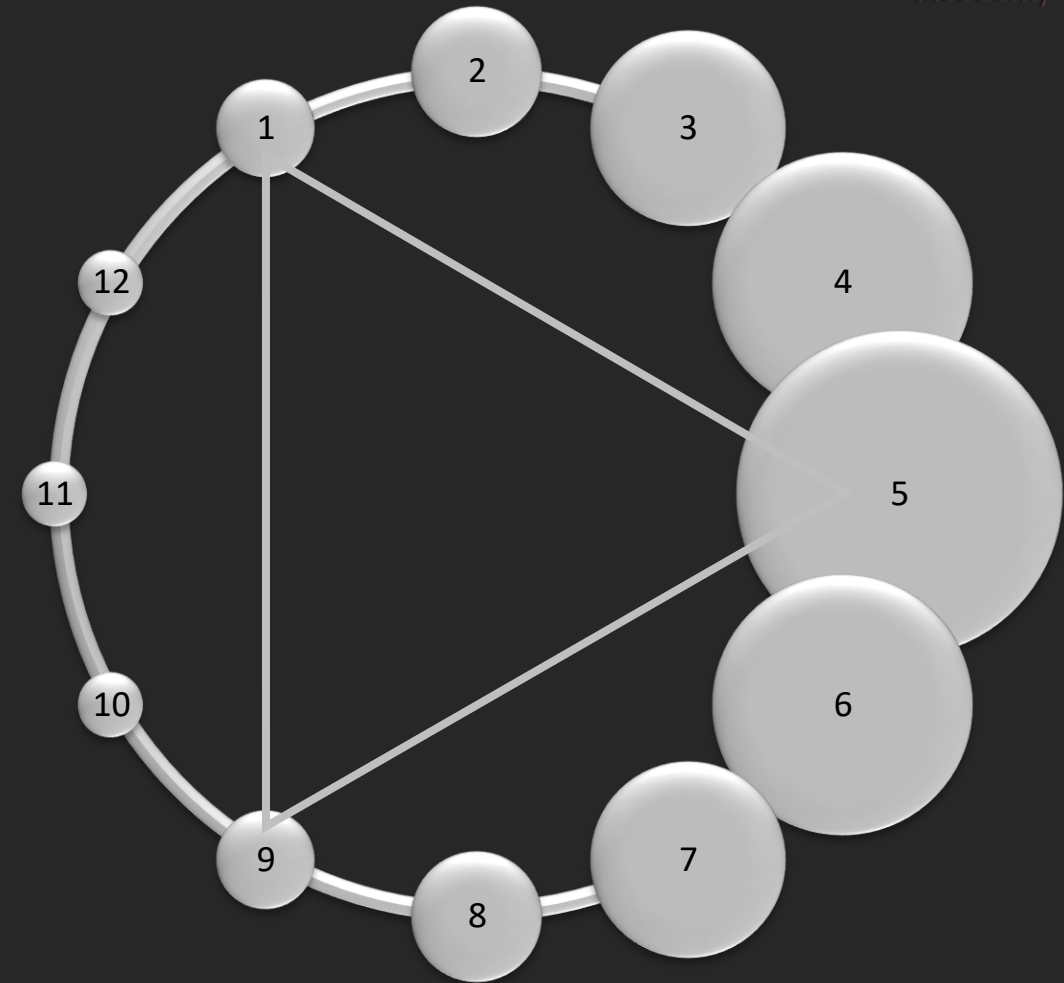
FIRE 12 QI STAGES

STAGE	CYCLE	ZODIAC	MONTH
1	Birth	TIGER	FEBRUARY
2	Childhood	RABBIT	MARCH
3	Adolescence	DRAGON	APRIL
4	Adulthood	SNAKE	MAY
5	Prime	HORSE	JUNE
6	Decline	GOAT	JULY
7	Aging	MONKEY	AUGUST
8	Death	ROOSTER	SEPTEMBER
9	Dormancy	DOG	OCTOBER
10	Void	PIG	NOVEMBER
11	Embryo	RAT	DECEMBER
12	Pregnancy	OX	JANUARY



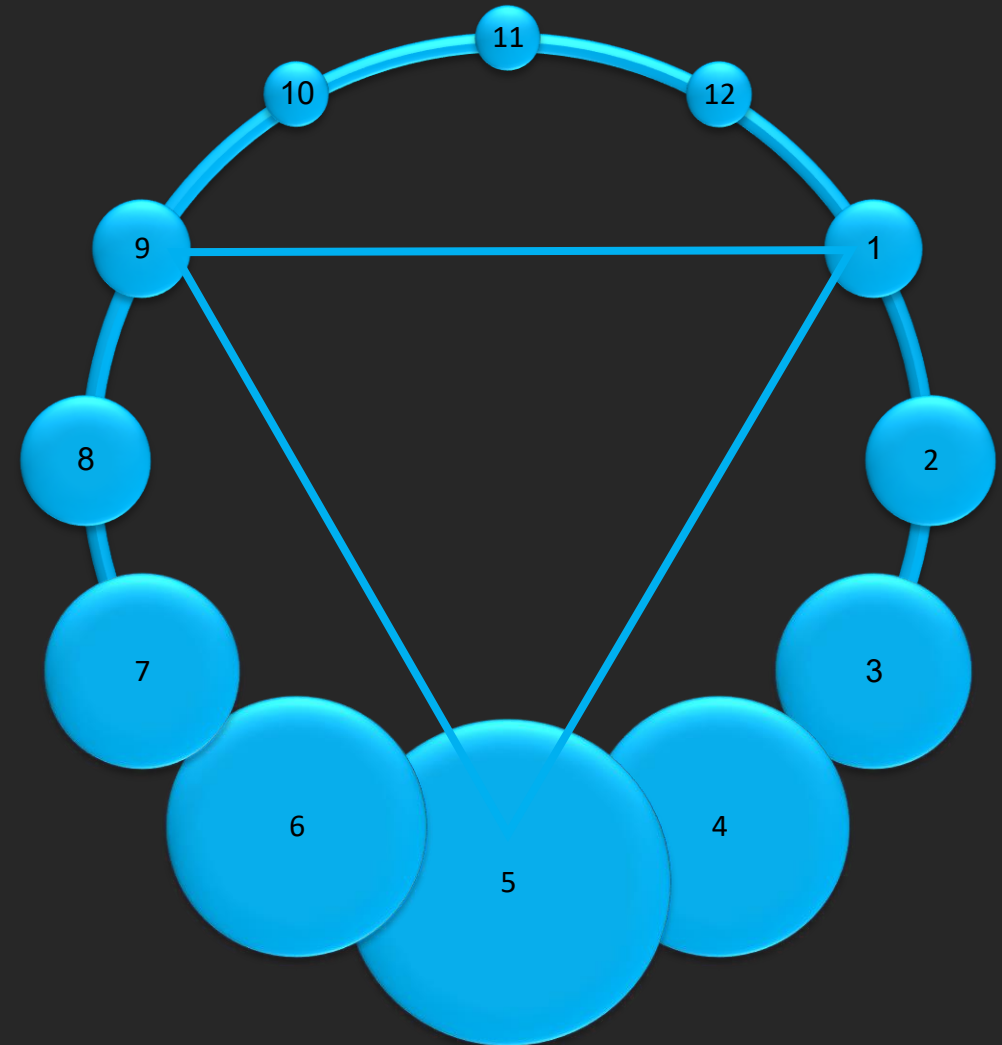
METAL 12 QI STAGES

STAGE	CYCLE	ZODIAC	MONTH
1	Birth	SNAKE	MAY
2	Childhood	HORSE	JUNE
3	Adolescence	GOAT	JULY
4	Adulthood	MONKEY	AUGUST
5	Prime	ROOSTER	SEPTEMBER
6	Decline	DOG	OCTOBER
7	Aging	PIG	NOVEMBER
8	Death	RAT	DECEMBER
9	Dormancy	OX	JANUARY
10	Void	TIGER	FEBRUARY
11	Embryo	RABBIT	MARCH
12	Pregnancy	DRAGON	APRIL



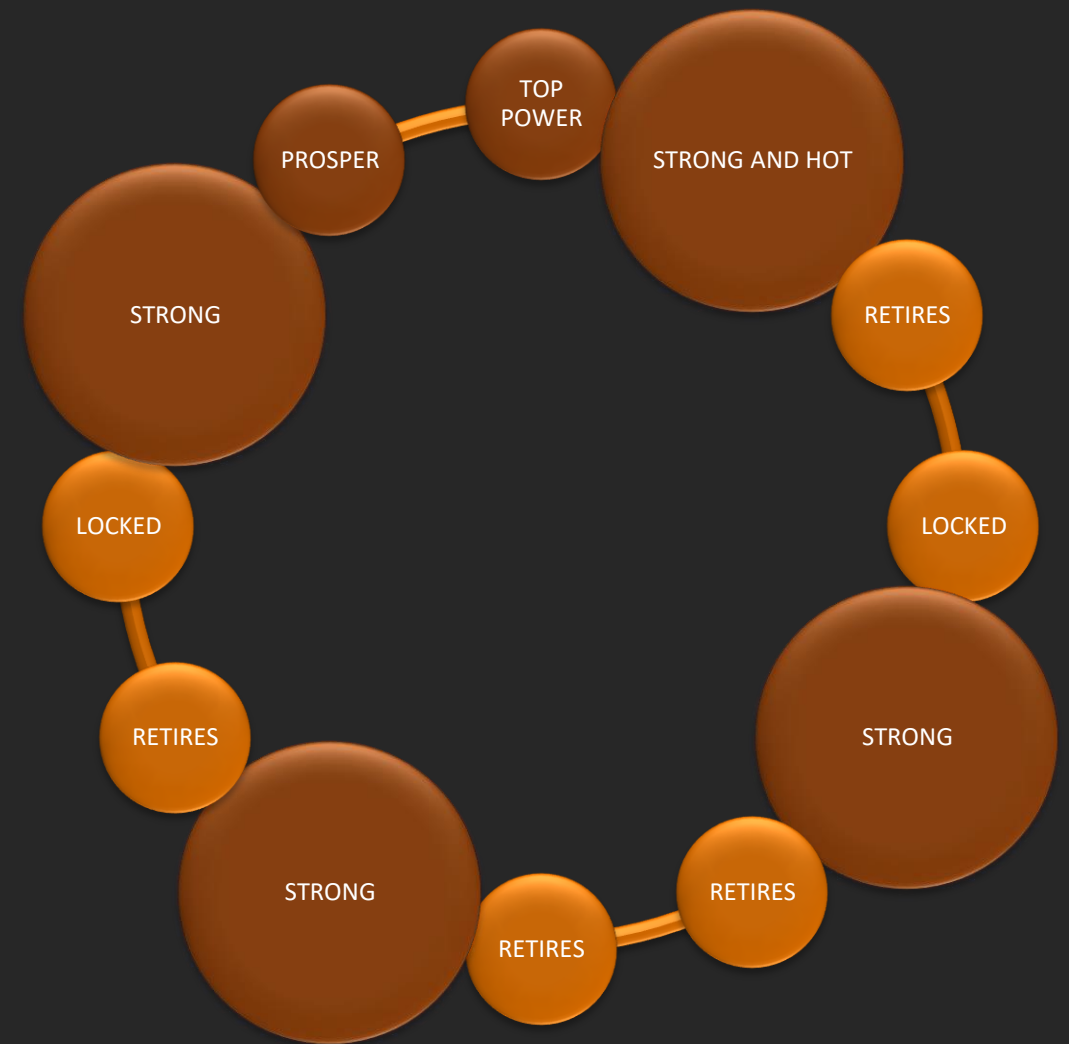
WATER 12 QI STAGES

STAGE	CYCLE	ZODIAC	MONTH
1	Birth	MONKEY	AUGUST
2	Childhood	ROOSTER	SEPTEMBER
3	Adolescence	DOG	OCTOBER
4	Adulthood	PIG	NOVEMBER
5	Prime	RAT	DECEMBER
6	Decline	OX	JANUARY
7	Aging	TIGER	FEBRUARY
8	Death	RABBIT	MARCH
9	Dormancy	DRAGON	APRIL
10	Void	SNAKE	MAY
11	Embryo	HORSE	JUNE
12	Pregnancy	GOAT	JULY



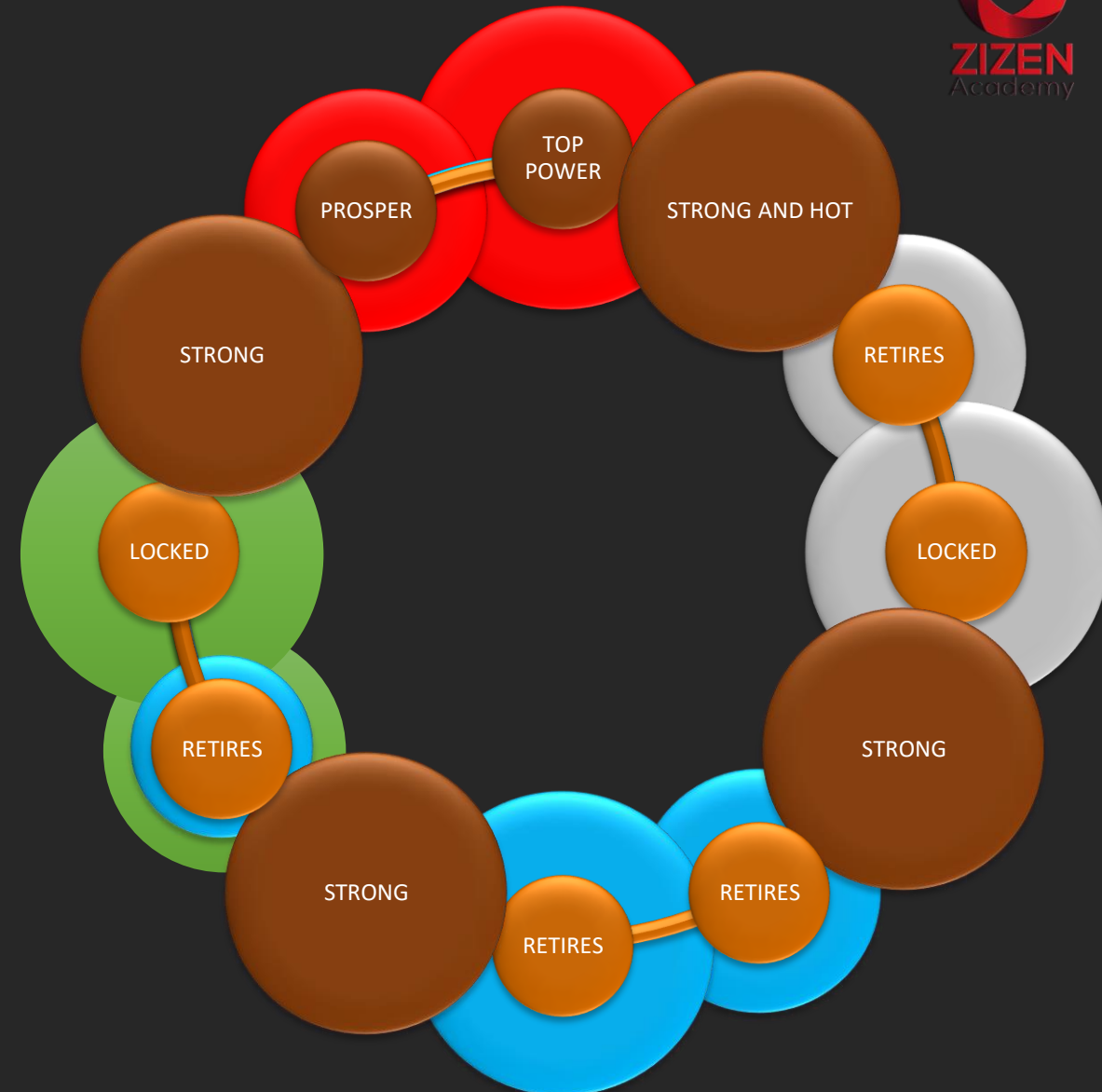
EARTH 12 QI STAGES

STAGE	CYCLE	ZODIAC	MONTH
1	Birth	TIGER	FEBRUARY
2	Childhood	RABBIT	MARCH
3	Adolescence	DRAGON	APRIL
4	Adulthood	SNAKE	MAY
5	Prime	HORSE	JUNE
6	Decline	GOAT	JULY
7	Aging	MONKEY	AUGUST
8	Death	ROOSTER	SEPTEMBER
9	Dormancy	DOG	OCTOBER
10	Void	PIG	NOVEMBER
11	Embryo	RAT	DECEMBER
12	Pregnancy	OX	JANUARY



12 QI STAGES

STAGE	CYCLE
1	Birth
2	Childhood
3	Adolescence
4	Adulthood
5	Prime
6	Decline
7	Aging
8	Death
9	Dormancy
10	Void
11	Embryo
12	Pregnancy



10 HEAVENLY STEMS

- The five phases united with yin-yang energy and create 10 energies.
- The flow of pattern is by the generating cycle and begins with wood, that represents the beginning of growth.
- Heavenly stems transform the heavenly energy

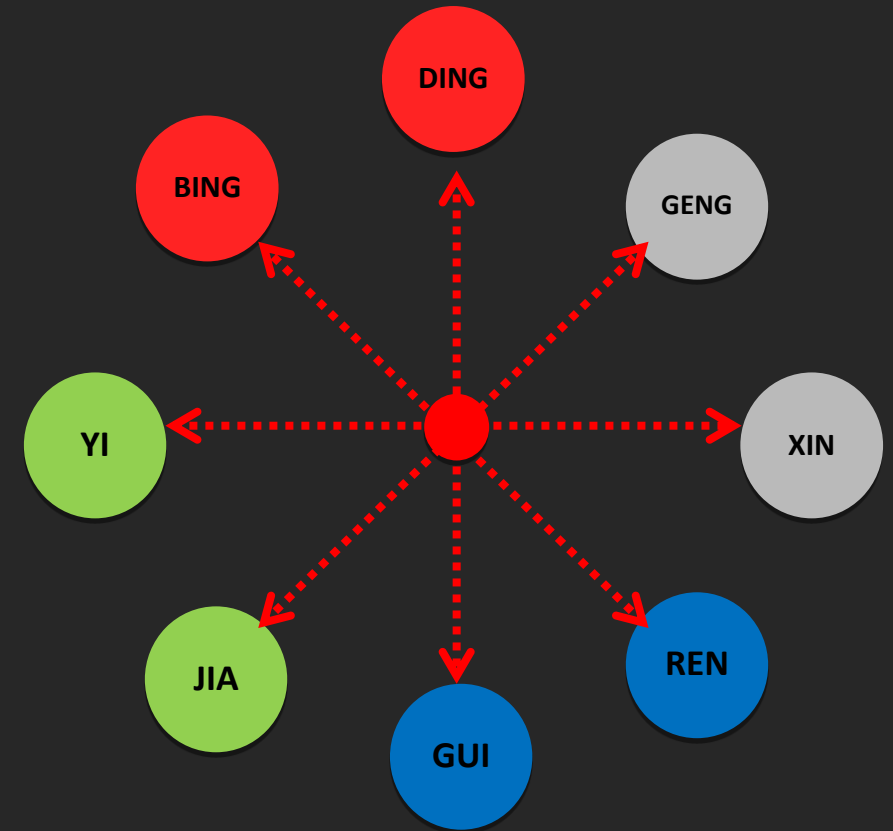


10 HEAVENLY STEMS

	PIN YIN	ELEMENT	MEANING
1	JIA	YANG WOOD	A big tree. Strong wood. Strong generating force. The image is like a sprout breaking through the earth
2	YI	YIN WOOD	A small plant. Grasses. Bushes. Weak generating force. The image of early growth, with young and bending stems and branches.
3	BING	YANG FIRE	Quick burning fire with big flames ,like the sun, forest fire. Strong developing force. The image of the life force expending like a beautiful fire.
4	DING	YIN FIRE	Soft burning fire like candle , glowing charcoal. Weak developing force. The image of a new life becoming fully grown.
5	WU	YANG EARTH	Dry earth like rocks and stones, A mountain. Strong stabilizing force. The image of luxuriant growth and prosperous development.
6	JI	YIN EARTH	Moist earth like the soil in the garden, sand, Plains or sandy beach. Weak stabilizing force. The image of distinguishable features and attributes.
7	GENG	YANG METAL	Sharp and cutting metal like a sword. Strong reforming force. The image of beginning of reversal, energy retreating until the next spring.
8	XIN	YIN METAL	Round and polished metal like a jewel. Weak reforming force. The image of withdrawing.
9	REN	YANG WATER	Running water like in a mountain river. Strong returning force. The image of life energy nurtured deeply within, like a regnant mother nourishing the fetus.
10	GUI	YIN WATER	Unmoving water like in a lake or in the form of condensation. Weak returning force. The image of regathering of a new life force.

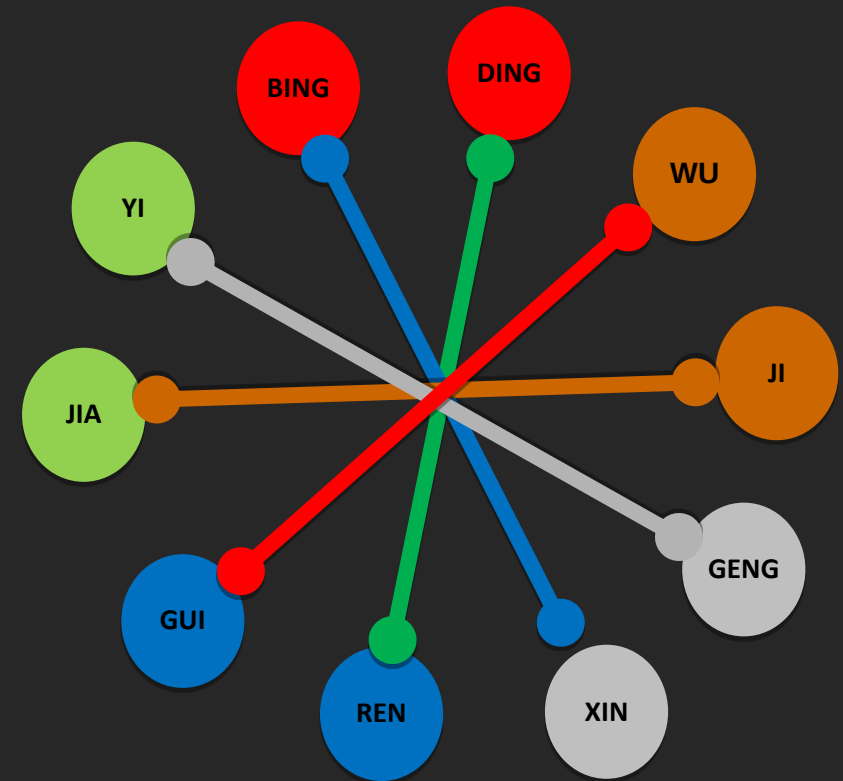
STEM CLASHES

- Competition with the opposite side
- Stronger than regular control
- Yang with yang
- Yin with yin
- The clash of stems creates potential for a change (branches make the result. And that means that the stem without a branch is meaningless).



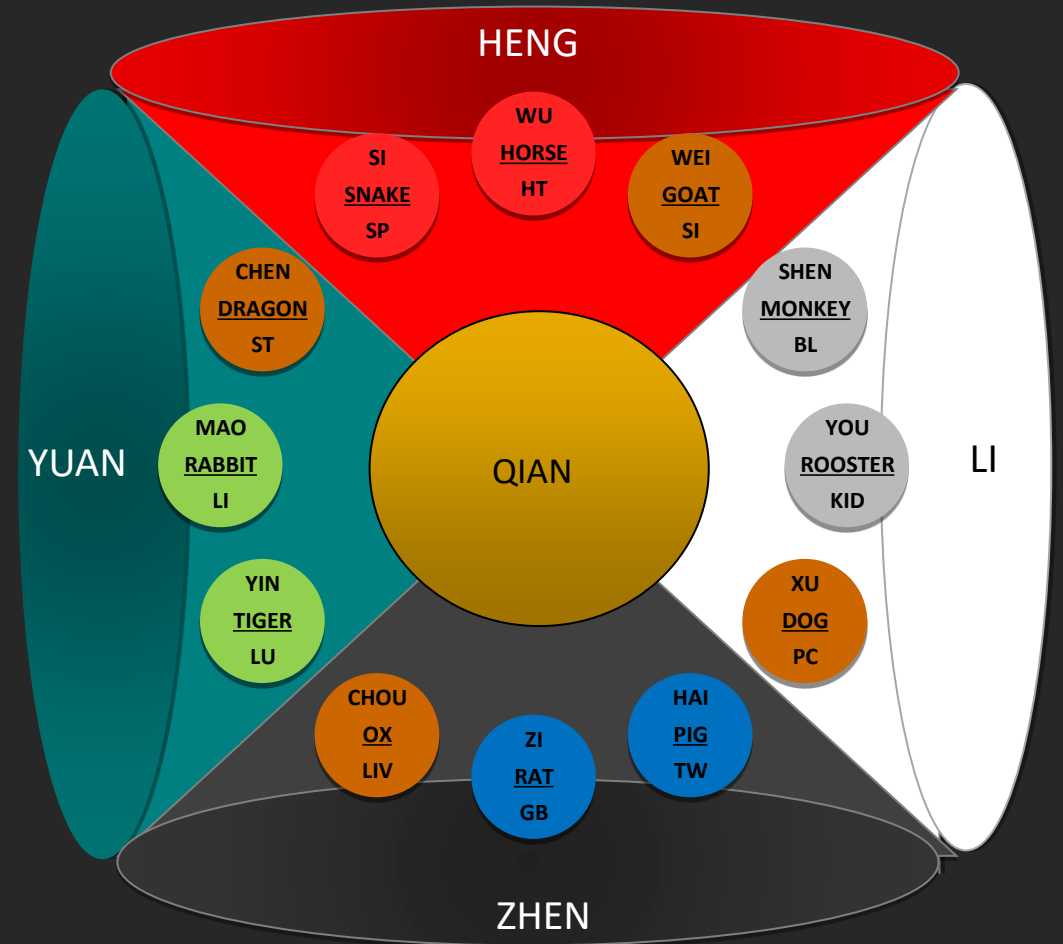
STEM COMBINATIONS

- Elements in control cycle are referred to guest- host, husband-wife, and yin- yang pairs
 - Yang wood + yin earth = earth
 - Yang metal + yin wood = metal
 - Yang fire + yin metal = water
 - Yang water + yin fire = wood
 - Yang earth + yin water = fire



12 EARTHLY BRANCHES

- The 12 earthly represent the qi of earth. They contain mix of elements according to the development of the elements (hidden elements).
- They reflect the earth energies and correspond to 12 months of the year and 12 double hour cycles.
- Branches have many correspondences, including a Main element, Chinese zodiac animal, Geographical location, Acupuncture channels
- Contain the 10 stems with extra earth branches that also contain yin- yang aspects.

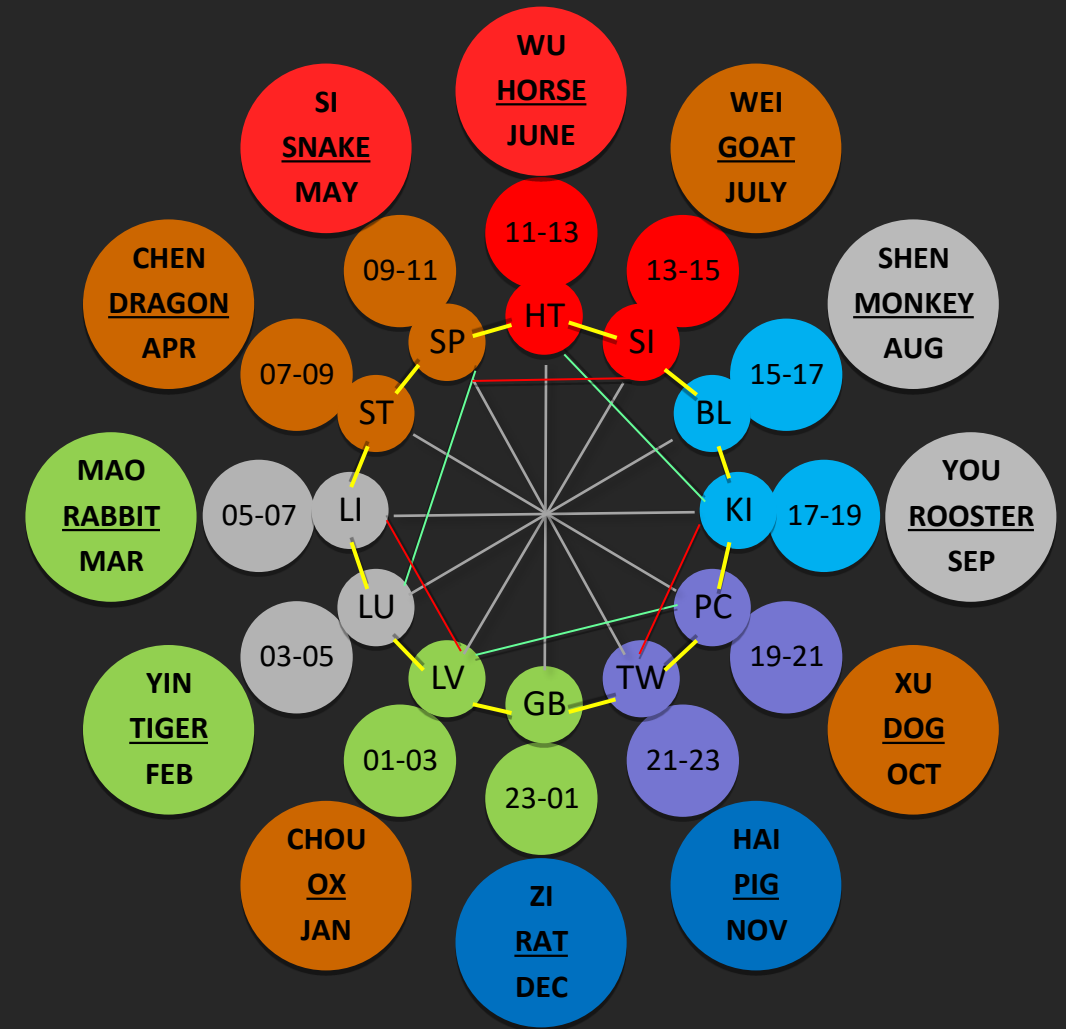


12 EARTHLY BRANCHES

	PIN YIN	ELEMENT	ZODIAC	MEANING
1	ZI	YANG WATER	RAT	The image of productiveness of life. Like a seed beneath the earth, absorbing moisture and nutrition
2	CHOU	YIN EARTH	OX	The image of a sprout before it reaches the surface. In other words, underground growth .
3	YIN	YANG WOOD	TIGER	The image of a crawling sprout as it meets the warmth of air, it's final stretch out of the earth
4	MAO	YIN WOOD	RABBIT	The image of luxuriant vegetation in the sunshine.
5	CHEN	YANG EARTH	DRAGON	The image of a full awakening for the coming growth .
6	SI	YIN FIRE	SNAKE	The image of preparation for ripeness.
7	WU	YANG FIRE	HORSE	The image of growth as it reaches to the peak .
8	WEI	YIN EARTH	GOAT	The image of the sweet taste that expresses ripeness and mellowness .
9	SHEN	YANG METAL	MONKEY	The image of full ripeness and the time of harvest .
10	YOU	YIN METAL	ROOSTER	The image of recollecting after a rich yield.
11	XI	YANG EARTH	DOG	The image of retreating from visible excitement of life.
12	HAI	YIN WATER	PIG	The image of seed or core awaiting its next growth .

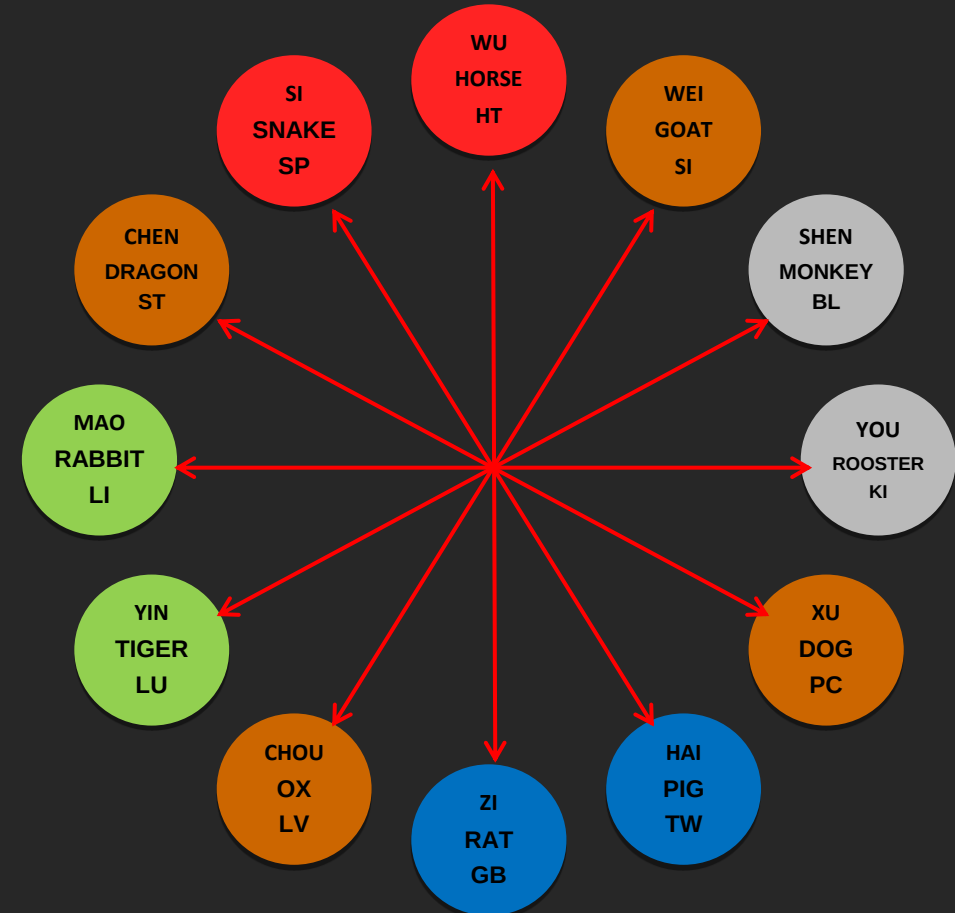
12 EARTHLY BRANCHES

	BRANCH	ZODIAC	MONTH	CHANNEL	HOUR
1	ZI	RAT	DECEMBER	GB	23-01
2	CHOU	OX	JANUARY	LIV	01-03
3	YIN	TIGER	FEBRUARY	LU	03-05
4	MAO	RABBIT	MARCH	LI	05-07
5	CHEN	DRAGON	APRIL	ST	07-09
6	SI	SNAKE	MAY	SP	09-11
7	WU	HORSE	JUNE	HT	11-13
8	WEI	GOAT	JULY	SI	13-15
9	SHEN	MONKEY	AUGUST	BL	15-17
10	YOU	ROOSTER	SEPTEMBER	KI	17-19
11	XI	DOG	OCTOBER	PC	19-21
12	HAI	PIG	NOVEMBER	TW	21-23



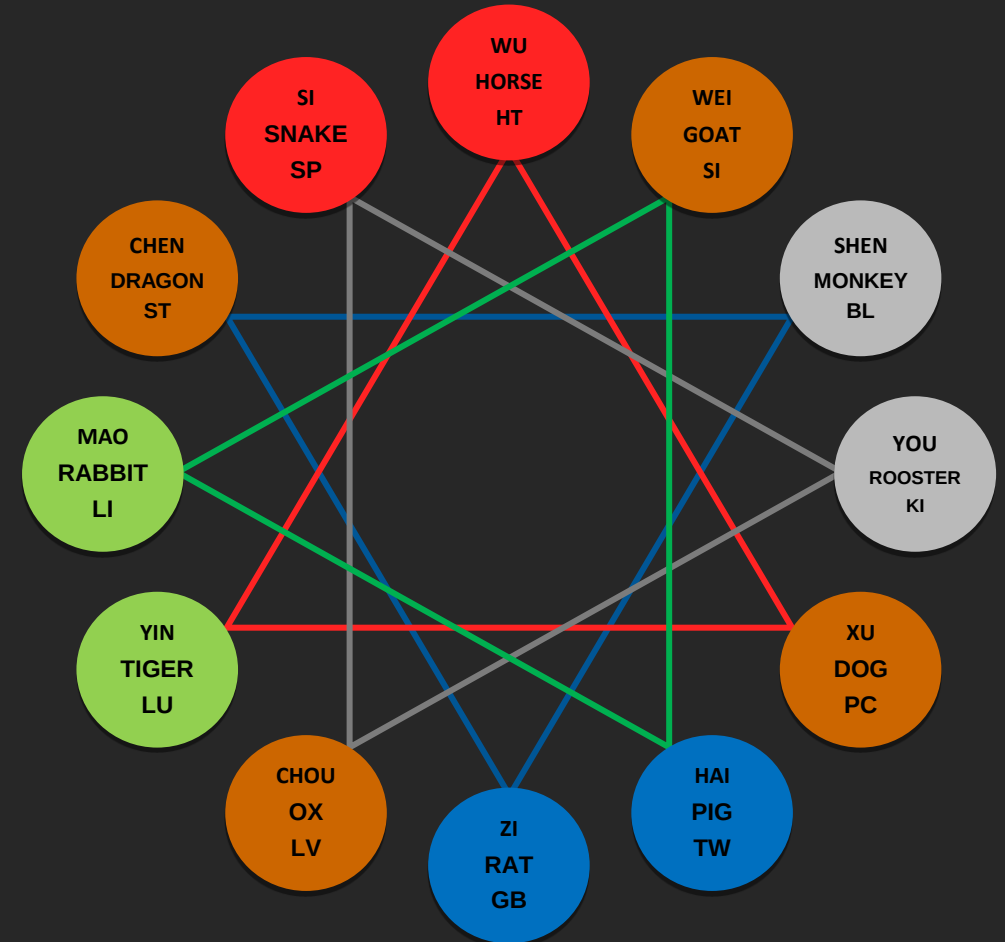
BRANCH CLASHES

- **Destroy each other**
 - Rat- Horse
 - Ox- Sheep
 - Tiger- Monkey
 - Rabbit- Rooster
 - Dragon- Dog
 - Snake- Pig



TRINITY COMBINATIONS

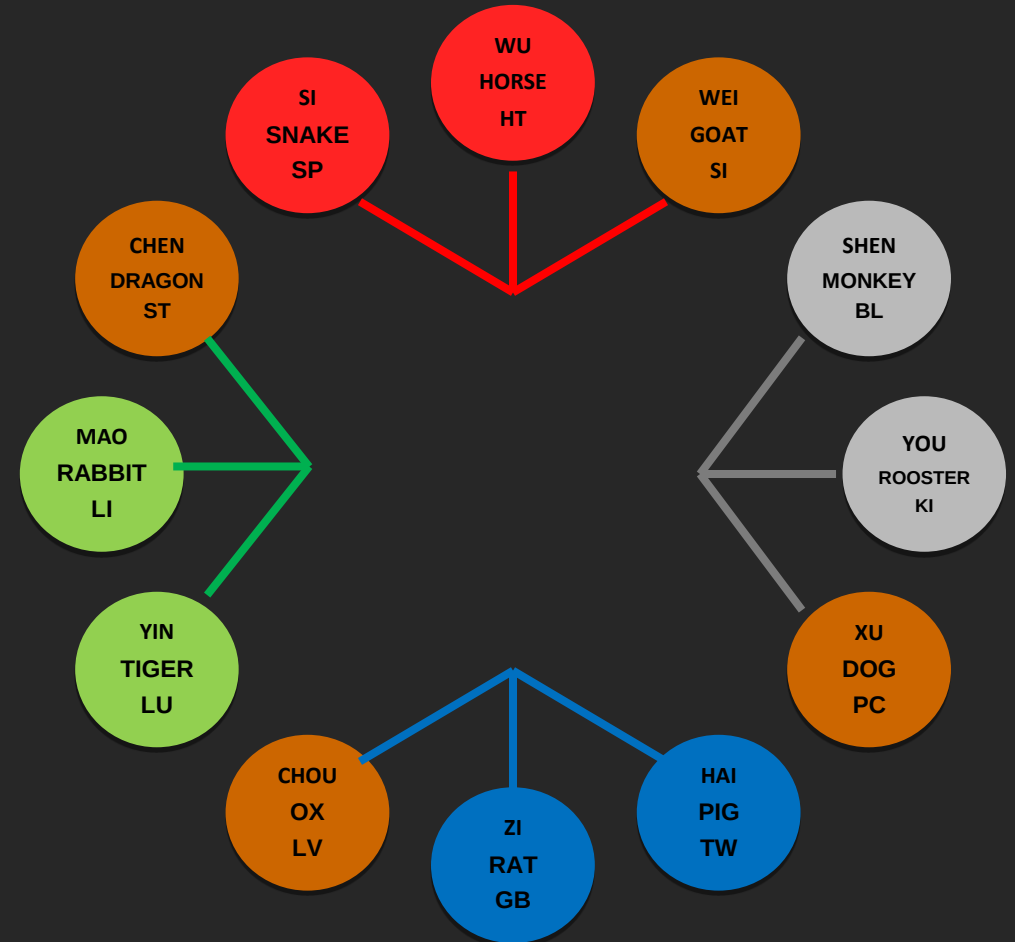
- Trinity / elemental frame branches have a strong affinity and friendship with each other. These combinations create synergetic influence and releasing the potential energy.
- The influence can be favorable or unfavorable, depending on the person's map
- Forms of elements
 - Rat + dragon + monkey = Water
 - Rabbit + sheep + pig = Wood
 - Horse + dog + tiger = Fire
 - Rooster + ox + snake = Metal



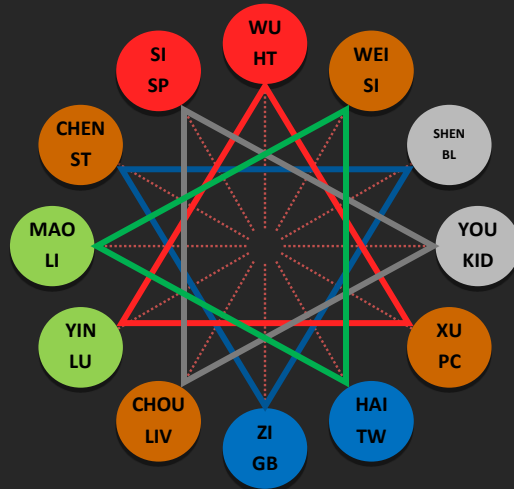
SEASONAL COMBINATIONS

3 branches from the same direction, the qi is very strong!

- NORTH- PIG + RAT + OX
- EAST- TIGER + RABBIT + DRAGON
- SOUTH- SNAKE + HORSE + GOAT
- WEST- MONKEY + ROOSTER + DOG



BRANCHES IN YEAR CYCLE

SI- SNAKE			WU- HORSE			WEI- GOAT			SHEN- MONKEY											
SP	MAY	09-11	HT	JUNE	11-13	SI	JULY	13-15	BL	AUGUST	15- 17									
1- GENG (+)			2			3			1- REN (+)											
4- BING (+)			5- DING (-)			6- DING (-)			4- GENG (+)											
7			8			9- YI (-)			7											
10			11			12			10											
PROSPEROUS			JI- TOP QUALITY			JI- STRONG AND HOT			WU- NO POWER											
CHEN-DRAGON																				
ST	APRIL	07-09																		
3																				
6- YI (-)																				
9- GUI (-)																				
12																				
WU- STRONG																				
MAO- RABBIT																				
LI	MARCH	05-07																		
2																				
5- YI (-)																				
8																				
11																				
LOCKED IN FOREST																				
YIN- TIGER												CHOU- OX			ZI- RAT			HAI- PIG		
LU	FEBRUARY	03-05	LIV	JANUARY	01-03	GB	DECEMBER	23-01	TW	NOVEMBER	21-23									
1- BING (+)			3			2			1- JIA (+)											
4- JIA (+)			6- GUI (-)			5- GUI (-)			4- REN (+)											
7			9- XIN (-)			8			7											
10			12			11			10											
WU- RETIRES			JI- STRONG			RETIRES			RETIRES- FORCELESS											

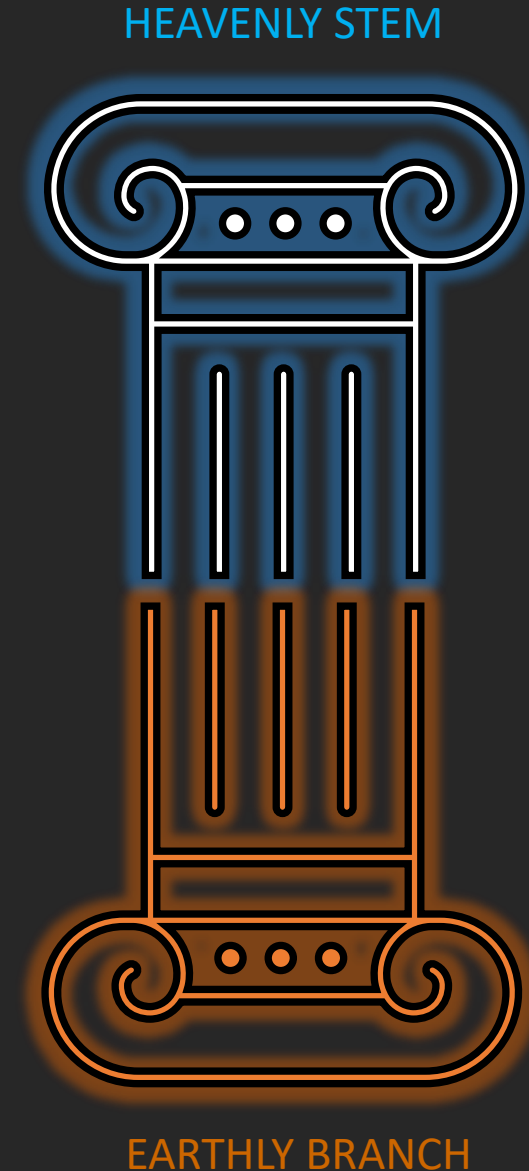
12 EARTHLY BRANCHES



INDICATION	NUMBER	1	2	3	4	5	6	7	8	9	10	11	12
BRANCH/ ZODIAC		ZI RAT	CHOU OX	YIN TIGER	MAO RABBIT	CHEN DRAGON	SI SNAKE	WU HORSE	WEI GOAT	SHEN MONKEY	YOU ROOSTER	XU DOG	HAI PIG
SEASON		WINTER	WINTER	SPRING	SPRING	SPRING	SUMMER	SUMMER	SUMMER	AUTOMN	AUTOMN	AUTOMN	WINTER
DIRECTIONS BODY- HOUSE		NORTH BACK	NORTHEAST LEFT BACK	NORTHEAST LEFT BACK	EAST LEFT SIDE	SOUTHEAST LEFT FRONT	SOUTHEAST LEFT FRONT	SOUTH FRONT	SOUTWEST FRONT RIGHT	SOUTWEST FRONT RIGHT	WEST RIGHT	NORTHWEST RIGHT BACK	NORTHWEST RIGHT BACK
MONTH		DEC 7	JAN 6	FEB 5	MARCH 6	APRIL 5	MAY 6	JUNE 6	JULY 7	AUGUST 8	SEP 8	OCTOBER 8	NOV 7
PHASE		WATER	EARTH	WOOD	WOOD	EARTH	FIRE	FIRE	EARTH	METAL	METAL	EARTH	WATER
ORGAN		KIDNEY	SPLEEN	G. BLADDER	LIVER	STOMACH	S. INTESTINE	HEART	SPLEEN	L. INTESTINE	LUNGS	STOMACH	BLADDER
MERIDIAN		GB	LIV	LU	LI	ST	SP	HT	SI	BL	KI	PC	TW
HOUR		23:00-00:59	01:00-02:59	03:00-04:59	05:00-06:59	07:00-08:59	09:00-10:59	11:00-12:59	13:00-14:59	15:00-16:59	17:00-18:59	19:00-20:59	21:00-22:59
NOTE		C	C# / Db	D	D# / Eb	E	F	F# / Gb	G	G# / Ab	A	A# / Bb	B
MAIN STEM		GUI	JI	JIA	YI	WU	BING	DING	JI	GENG	XIN	WU	REN
HIDDEN STEM 1			XIN	BING		GUI	WU		DING	REN		DING	
HIDDEN STEM 2			GUI	WU		YI	GENG	JI	YI	WU		XIN	JIA
WOOD QI PHASE		2	3	4	5	6	7	8	9	10	11	12	1
FIRE QI PHASE		11	12	1	2	3	4	5	6	7	8	9	10
METAL QI PHASE		8	9	10	11	12	1	2	3	4	5	6	7
WATER QI PHASE		5	6	7	8	9	10	11	12	1	2	3	4
EARTH QI PHASE		RETIRE	JI- STRONG	WU- RETIRE	LOCKED	WU- STRONG	PROSPEROUS	JI- TOP QUALITY	JI- STRONG HOT	WU- NO POWER	LOCKED	WU- STRONG	RETIRE
EXHAGRAM		FU REBIRTH	LIN DELIVER	TAI BALANCE	DA ZHUANG PROSPER	GUAI TRANSFORM	QIAN STRENGTH	GOU COPULATE	DUN RETREAT	PI BREAK	GUAN OBSERVE	BO PEEL	KUN RECEPTIVE

BINOM

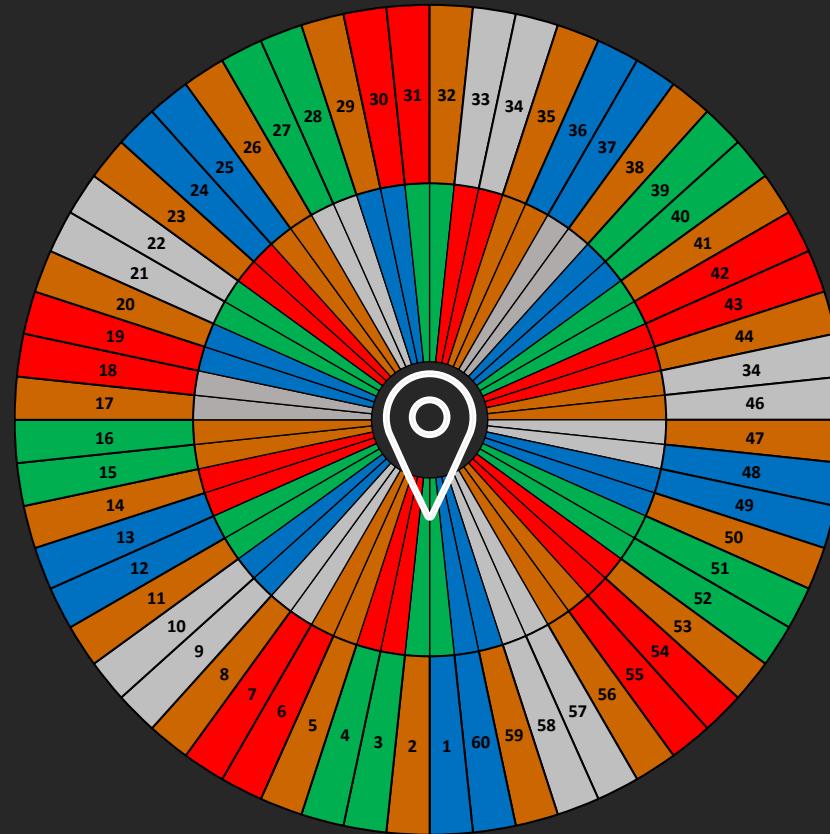
- Stems and branches represent a flow of energy.
- Each year, month, day, hour contain a stem and branch
- Energy combination called a “binom”.
- The binoms are organized in cycles of 60, which include every combination of stems and branches.
- There are 6 cycles of 10 stems and 5 cycles of 12 branches = 60-year cycle
- The cycle begins with the 1st binomial- **JIA** (Yang Wood) **ZI** (Rat)
- Time of birth- by the place of birth
- **Solar calendar**- new year starts on FEBRUARY with YIN/ TIGER branch- YANG WOOG month
- **Day**- begins after midnight in the middle of ZI (RAT) time (23:00-01:00)
- **Hour**-the hour of the birth is based on the standard double Chinese hour.



CYCLE OF 60 YEARS

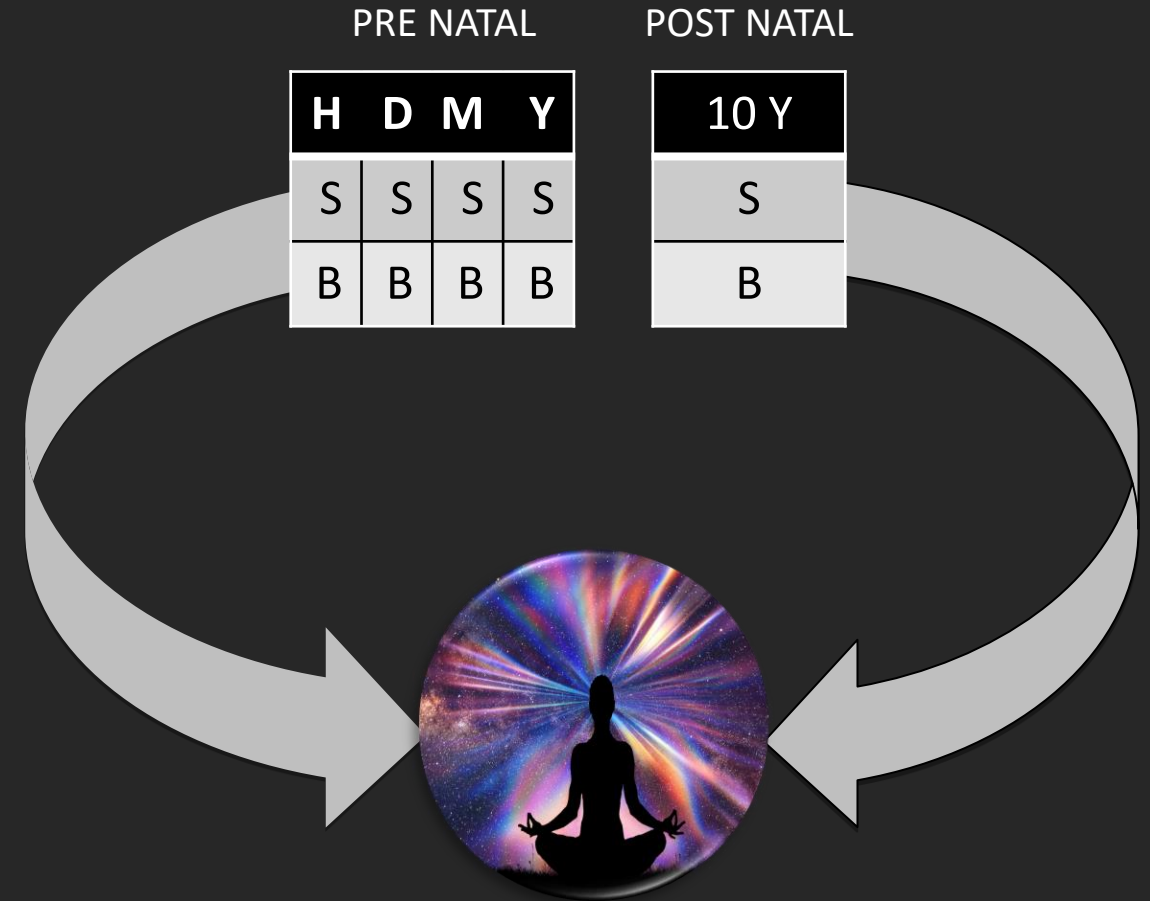
2043	2042	2041	2040	2039	2038	2037	2036	2035	2034	2033	2032	2031	2030	2029	2028	2027	2026	2025	2024	2023	2022	2021	2020	2019	2018	2017	2016	2015	2014	2013	2012	2011	2010	2009	2008	2007	2006	2005	2004	2003	2002	2001	2000	1999	1998	1997	1996	1995	1994	1993	1992	1991	1990	1989	1988	1987	1986	1985	1984
60	59	58	57	56	55	54	53	52	51	50	49	48	47	46	45	44	43	42	41	40	39	38	37	36	35	34	33	32	31	30	29	28	27	26	25	24	23	22	21	20	19	18	17	16	15	14	13	12	11	10	9	8	7	6	5	4	3	2	1
-	+	-	+	-	+	-	+	-	+	-	+	-	+	-	+	-	+	-	+	-	+	-	+	-	+	-	+	-	+	-	+	-	+	-	+	-	+	-	+	-	+	-	+	-	+	-	+	-	+	-	+	-	+	-	+	-	+	-	+
GUI	REN	XIN	GENG	JI	WU	DING	BING	YI	JIA	GUI	REN	XIN	GENG	JI	WU	DING	BING	YI	JIA	GUI	REN	XIN	GENG	JI	WU	DING	BING	YI	JIA	GUI	REN	XIN	GENG	JI	WU	DING	BING	YI	JIA	GUI	REN	XIN	GENG	JI	WU	DING	BING	YI	JIA	GUI	REN	XIN	GENG	JI	WU	DING	BING	YI	JIA
HAI	XU	YOU	SHEN	WEI	WU	SI	CHEN	MAO	YIN	CHOU	ZI	HAI	XU	YOU	SHEN	WEI	WU	SI	CHEN	MAO	YIN	CHOU	ZI	HAI	XU	YOU	SHEN	WEI	WU	SI	CHEN	MAO	YIN	CHOU	ZI	HAI	XU	YOU	SHEN	WEI	WU	SI	CHEN	MAO	YIN	CHOU	ZI	HAI	XU	YOU	SHEN	WEI	WU	SI	CHEN	MAO	YIN	CHOU	ZI

CYCLE OF 60 YEARS



10 YEARS FATE CYCLE

- Stem- branch influence for 10 years segments throughout person's lifetime.
- The cycle is combined with the 4-pillar map to create the post-natal influence.
- It is possible to understand dynamic influence that can be favorable/ unfavorable.
- 10 years cycle provide a complete picture of how nature influences one's life.

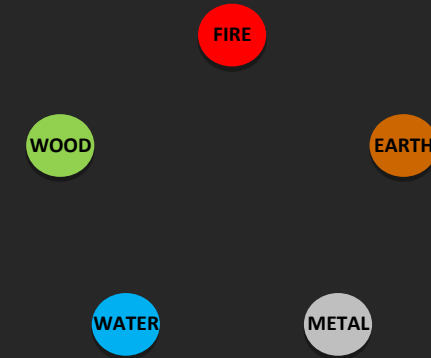


PART 1

THE BA ZI CHART

BA ZI- FOUR PILLARS

- **Diagnosis can show few fields in life:**
- Who the person is?
- How he thinks, acts, interacts with himself and his environment and people. with partners, parents, kids, work, romance, sex, Career, Wealth, relationship with money, prosperity, Health and tendency to diseases.
- Calculation software or different applications will serve the purpose to check your results.
 - www.astro-fengshui.com
 - www.Fourpillars.net



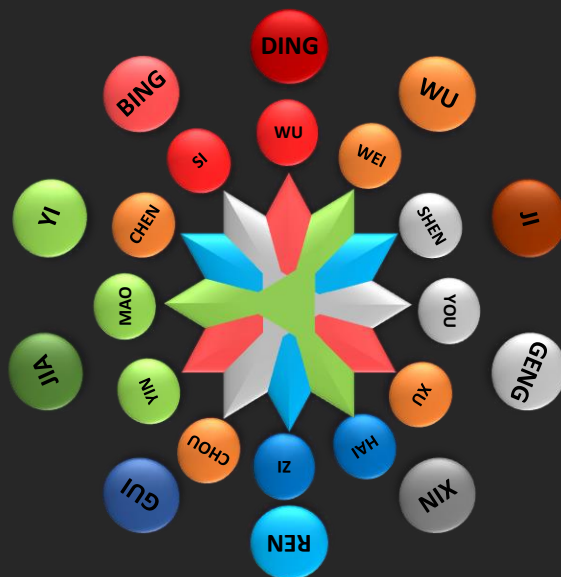
	HOUR	DAY	MONTH	YEAR
STEM	S	S	S	S
BRANCH	B	B	B	B
MAIN ELEMENT				
HIDDEN 1				
HIDDEN 2				

FOUR PILLARS

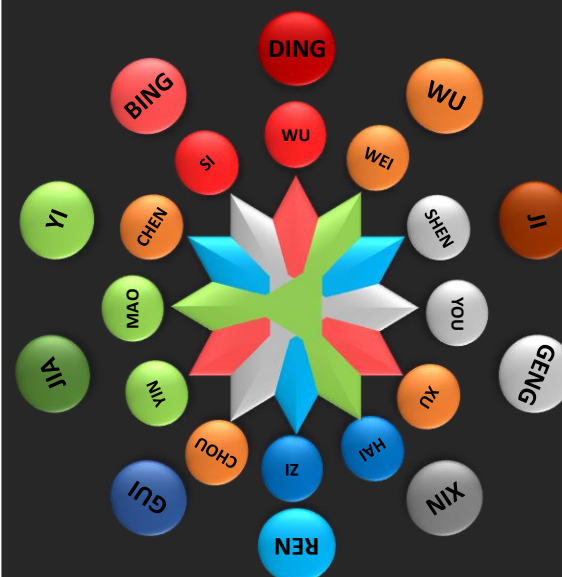
HOUR



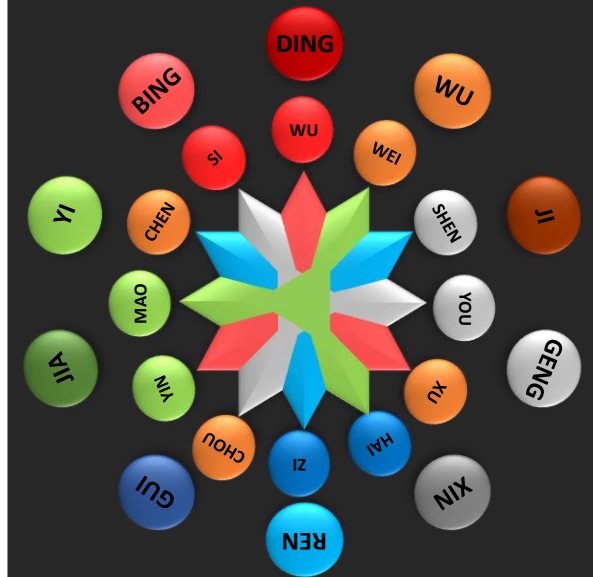
DAY



MONTH



YEAR



BA ZI CHART



	HOUR	DAY	MONTH	YEAR
STEM	- Children- male - any one under our responsibility: kids, patients, employees, pets - Relationships with the high knowledge of the SHEN.	- DM- Day master - Who am I , what I expect from the world, and how I interact with the world. - Universal architypes	- Father/ older brothers or family/ boss/ authority. - Emotional filter and expression.	- Grand fathers - Outside world - What we do and create in life - Our ambitions
BRANCH	- Children- female, any one under our responsibility: kids, patients, employees, pets. - The ability to connect to spirituality and deepest desires.	- Partner in relationship - How we act behind close doors. - Partner for work	- Mother/ older sisters/ family/ boss/ authority. - Life focus - What motivates our emotions - How we digest emotions.	- Grand mothers - Family heritage, - Jing and health
GENERAL INFO	Retirement -52+ - Time which is less productive. - Our spirituality. - Our expression in career, children, sex.	Adult -35-51 - Designed by us as responsible adults.	Adulthood- 18-34 - Designed by others who effect our identity. - Emotional world - Life at parents' home	Childhood-0-17 - Designed by family we depend on. (mother/ grandmother). - Physical and materialistic world. - Life outside with Social interactions.

CHART STRUCTURE

THE DAY MASTER

STRENGTH OF DM

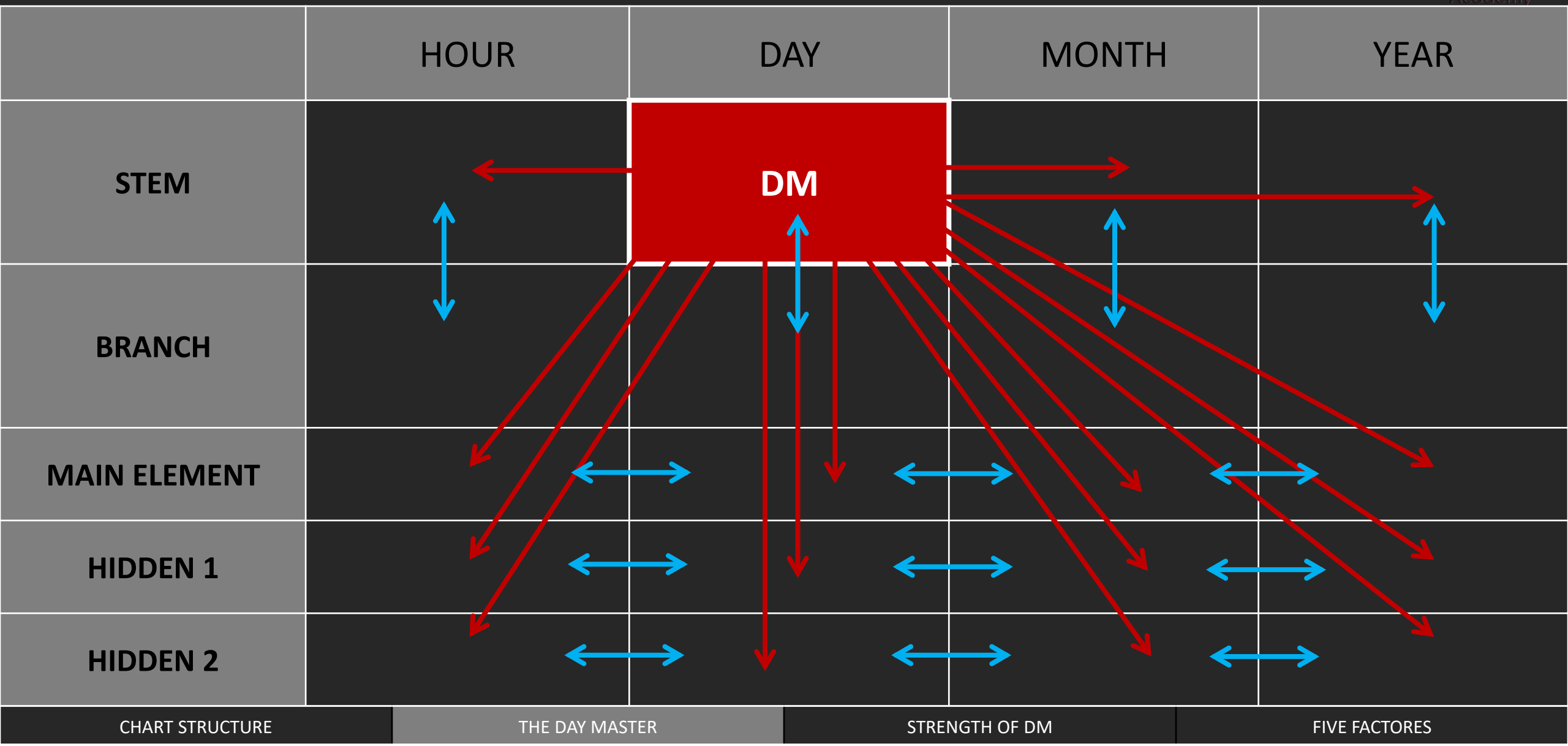
FIVE FACTORES

STRENGTH OF THE DM- SEASON



	HOUR	DAY	MONTH	YEAR	
STEM		DM			
BRANCH			SEASON		
			YIN	MAO	CHEN
			SI	WU	WEI
			SHEN	YOU	XU
			HAI	ZI	CHOU

STRENGTH OF DM- CONNECTIONS



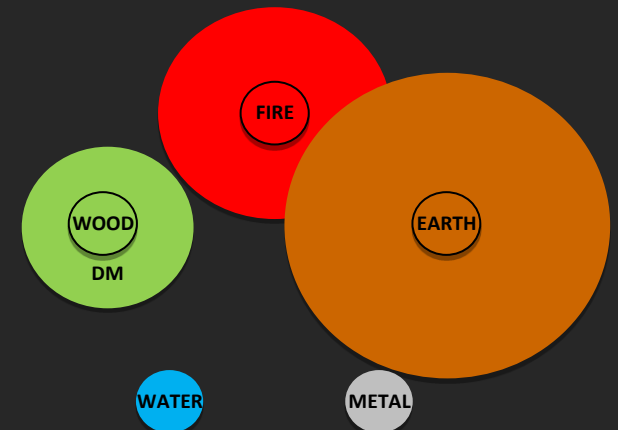
BA ZI CHART- CONNECTIONS

	HOUR		DAY		MONTH		YEAR		
STEM	JIA	YI	JIA	YI	JIA	YI	JIA	YI	
	BING	DING	BING	DING	BING	DING	BING	DING	
	WU	JI	WU	JI	WU	JI	WU	JI	
	GENG	XIN	GENG	XIN	GENG	XIN	GENG	XIN	
	REN	GUI	REN	GUI	REN	GUI	REN	GUI	
BRANCH	YIN	MAO	CHEN	YIN	MAO	CHEN	YIN	MAO	CHEN
	SI	WU	WEI	SI	WU	WEI	SI	WU	WEI
	SHEN	YOU	XU	SHEN	YOU	XU	SHEN	YOU	XU
	HAI	ZI	CHOU	HAI	ZI	CHOU	HAI	ZI	CHOU
CHART STRUCTURE		THE DAY MASTER			STRENGTH OF DM		FIVE FACTORES		

BA ZI CHART

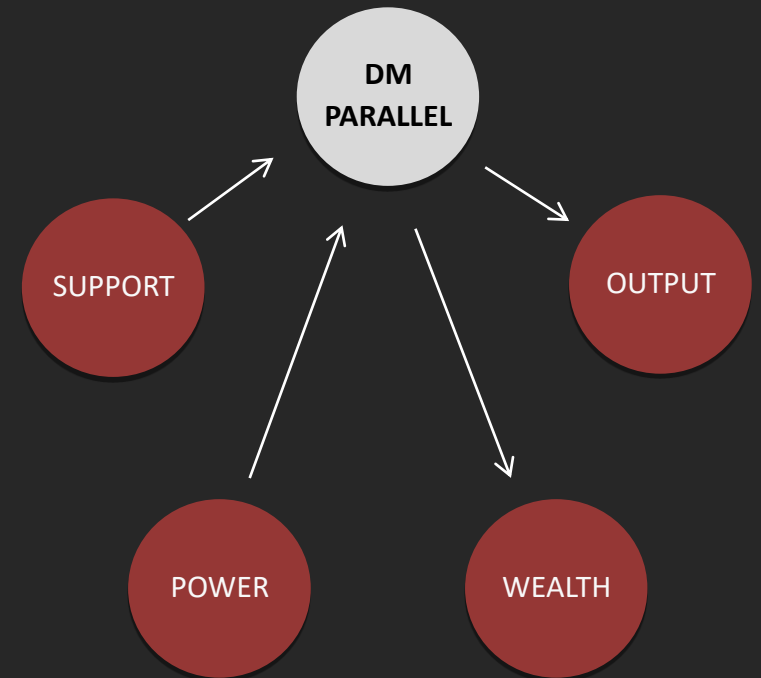
MAY 16, 2023, 09:00 AM

Hour	Day	Month	Year	10 Y Luck
Yang Earth 戊 Wu 100 Dragon 辰 Chen Yang Earth 60 Yin Wood 10 Yin Water 10	Yang Wood 甲 Jia 50 Dog 戌 Xu Yang Earth 60 Yin Metal 16 Yin Fire 20	Yin Fire 丁 Ding 100 Snake 巳 Si Yang Fire 60 Yang Earth 20 Yang Metal 16	Yin Water 癸 Gui 50 Rabbit 卯 Mao Yin Wood 50	Yang Fire 丙 Bing Dragon 辰 Chen Age: 3 - 12 10/10/2026

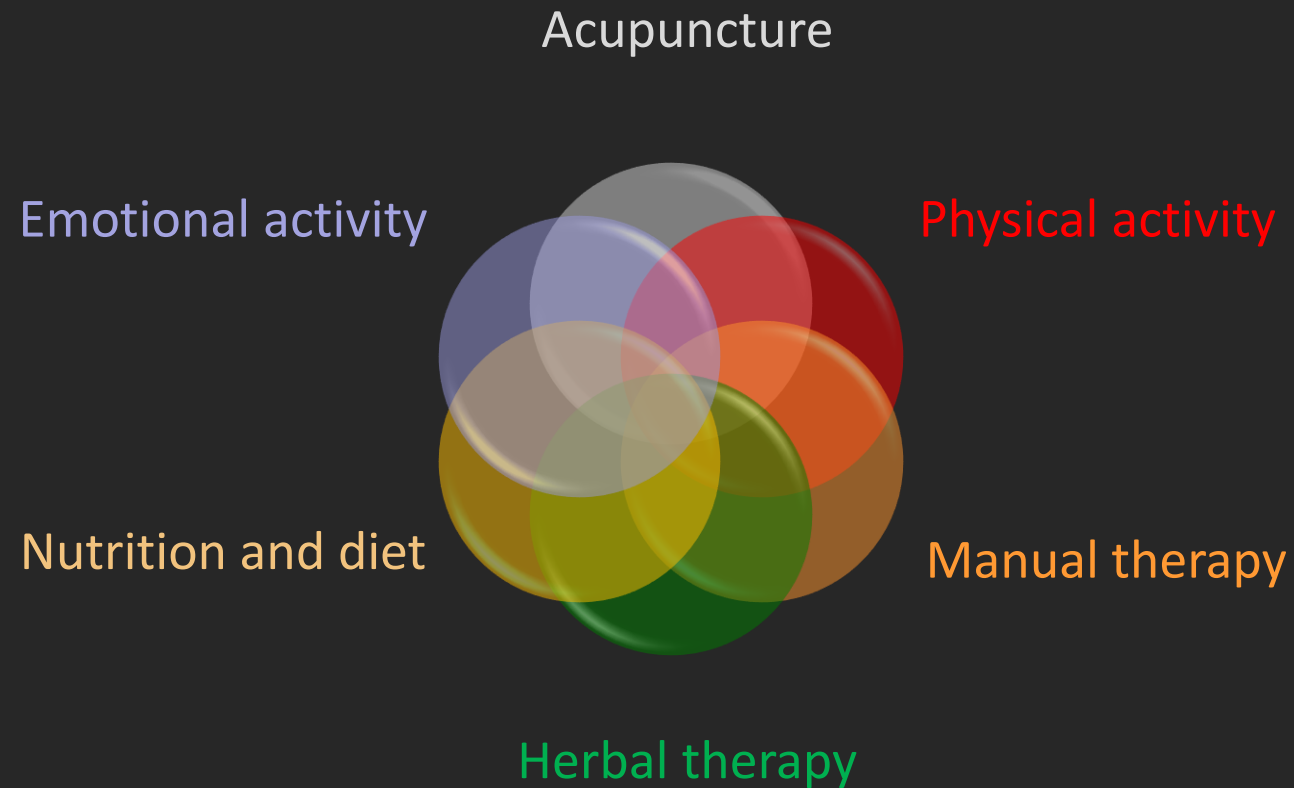


THE 5 FACTORES

1. **Parallel / Friends** (same as self element)- Friends/ competition
2. **Output** (child element)- expression through work, creativity
3. **Wealth** (grandchild element)- DM controls the money
4. **Power** (grandparent element)- Force and influence powered on DM
5. **Support/ recourses** (parent element)- Education, Like mother supports her child



WHAT CAN WE DO?



PART 2

PERSONALITY TYPES

WOOD

FIRE

EARTH

METAL

WATER

WOOD



WOOD

GENERAL

NATURE

CHARACTER

JIA-YANG WOOD

YI- YIN WOOD

RELATIONSHIPS

HEALTH

BALANCE

WOOD PHASE- GENERAL

- Movement- growth, ascension
- Time of day: Morning
- Time of year: Spring
- Energy: Upward
- Natural form: Trees, grass, plants, flowers
- Direction: East
- Planet- Jupiter
- Attitude: Positive, enthusiastic
- Emotions- kindness, anger
- Sense - vision
- Tissues- tendons
- Spirit - Hun
- Taste: Sour
- Color: Green
- Organ: Liver and Gall bladder
- Profession-education, writing, publishing, fashion, herbal products, wood relates industries.



NATURE

- Spring is the beginning of the seasonal cycle
- Time of birth and new beginnings
- This is the energy that brings forth new growth
- Time of hope optimism



WOOD CHARACTER

BALANCED & HEALTHY WOOD

- Birth, childhood
- Growth and expand
- Focus and clear way
- Need the Space
- Knowledge
- Flexibility and Strength
- Beginner
- Creativity and expression
- Leadership
- Good verbal skills
- Enthusiastic
- Generosity and idealism
- Drive
- Projects
- Resilience
- Patience

- Altruism and Kindness
- Positive
- Assertive
- Temper
- Looking to the future
- Work
- Health

WEAK, EXCESSIVE OR UNDER PRESSURE

- Anger
- Impatience
- Resentment
- Nervousness
- Stress
- unable to make progress in life
- Liver issues



JIA - YANG WOOD DM



WOOD

GENERAL

NATURE

CHARACTER

JIA-YANG WOOD

YI- YIN WOOD

RELATIONSHIPS

HEALTH

BALANCE

JIA - YANG WOOD DM

CHARACTERISTICS

- Rooted in the ground
- Stable and Solid
- Strong in their beliefs
- Loyal and Trustworthy
- Clear sight
- Direct and righteous, Direct Talkers
- Focus on the Big Picture
- Smart with good learning ability
- Will succeed once they know their direction and what to do
- May be too obsessive
- Loyal and worth standing by their side
- Tend to be flexible but also stubborn and rigid
- Do not look so sentimental from the outside, but inside too sentimental
- Quick Decision Makers
- Deep roots hold them at place
- Easily upset others
- Subjective Thinkers
- Loves To Point Others to the Right Direction
- Status and Power above all
- Wealth and Appearance – The Ultimate Confidence Boosters
- Self-esteem Depends on External Factors
- Control Issues
- Strong vs Weak
- GOOD- Protective, Practical, Loyal, Kind, Determined, Straight, Initiating
- BAD- Stubborn, Subjective, Blunt, Vain, Critical, Timid, Lack attention for details
- WORK- Yang Wood's attitude at work: Perseverant, Loyal, Unyielding, Inconsistent, leadership style, Following trends, Aggressive sales tactics
- HEALTH- represents these organs and body features: Gallbladder, head, scapula, thyroid, nervous system, ankle, fingernails, and toenails.
- balanced Yang Wood person will have a healthy gallbladder system and strong life energy.
- Excess Yang Wood indicates that the person will be susceptible to thyroid problems, inflammation of the gallbladder, or migraine headaches.
- Deficient Yang Wood suggests the person will tend towards weakness in gallbladder function, gallstones, inadequate immune system response, neurological problems, or ankle pain.

JIA - YANG WOOD DM

FAMOUS JIA DM PEOPLE :

- Kate Winslet
- Julio Iglesias
- Keanu Reeves
- Tim Burton
- James Cameron
- Whitney Houston
- Daniel Radcliffe
- Elon Musk
- Andy Murray
- Elvis Presley
- Jimi Hendrix
- Kristen Stewart
- Britney Spears
- Liam Neeson
- Francis Coppola
- George Harrison
- Enrique Iglesias
- Lionel Messi
- Richard Branson

Day	Month	Year
Yang Wood 50 甲 Jia	Yang Wood 50 甲 Jia	Yin Metal 50 辛 Xin
Monkey 申 Shen	Horse 午 Wu	Pig 亥 Hai
Yang Metal 30	Yin Fire 70	Yang Water 35
Yang Water 10	Yin Earth 30	Yang Wood 15
Yang Earth 20		

ELON MUSK -June 28, 1971



YI - YIN WOOD DM



YI - YIN WOOD DM

CHARACTERISTICS

- Gentle and flexible
- Beautiful, soft, delicate like elegant Plant
- Smart, clever
- Adaptive and surviving
- Love to expand
- Do not like to be controlled by others
- More patient in their behavior comparing to yang wood
- Need a little fire to express their talent and joy because of their tendency to get stuck in their opinions alone.
- Diplomatic and Charismatic
- Survival Instincts
- Problem-Solving
- Emotions Rule All Decisions
- Prefer Speed Over Depth
- Networking Skills: Seeks Verification and Needs External Validation and Need the

Attention

- Could Use Improvements in Self-esteem
- Strong vs Weak
- **GOOD-** Elegant, Resilient, Quick-witted, Team-spirited, Detailed, Gentle, Flexible,
- **BAD-** Attention seeking, Manipulative, Melodramatic, Low self-esteem, Competitive, Stubborn, Anger
- **WORK-** attitude at work: Motivated, Manipulative, Team-spirited, Moderate, Constantly improving, Customer first,
- **HEALTH-** Yin Wood represents these organs and body features: Liver, neck, immune system, tendons, ligaments, wrist, and fingers.
- **Balanced** -person usually has strong life energy and good health.
- **Excess-** the person will likely have problems with neck stiffness, tight ligaments, or even hepatitis.
- **Deficient-** the person may have decreased immune function and be prone to develop arthritis or struggle with depression.

YI - YIN WOOD DM

FAMOUS YI DM PEOPLE

- John Lennon
- Yoko Ono
- Hugh Jackman
- Princess Diana
- Mickey Rourke
- Amy Winehouse
- Beyonce Knowles
- Bill Clinton
- Madonna
- Mick Jagger
- Oprah Winfrey
- Rihanna
- Curt Cobain
- John Travolta
- Sting
- Leonard Cohen
- Jerry Seinfeld
- Liza Minnelli

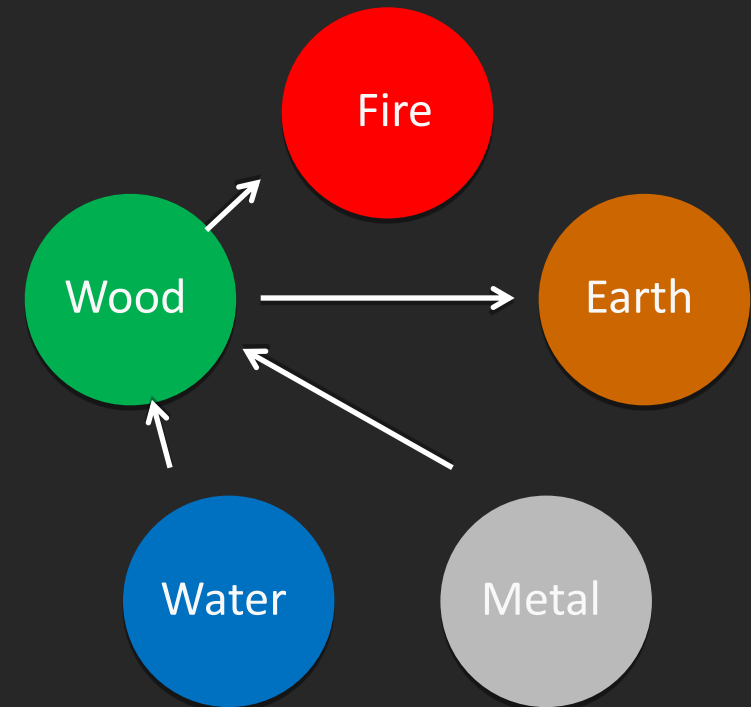
Day	Month	Year
Yin Wood 50 乙 Yi	Yang Fire 80 丙 Bing	Yang Metal 80 庚 Geng
Rooster 酉 You	Dog 戌 Xu	Dragon 辰 Chen
Yin Metal 80	Yang Earth 60 Yin Metal 16 Yin Fire 16	Yang Earth 60 Yin Wood 10 Yin Water 10

JOHN LENNON - 9 October 1940



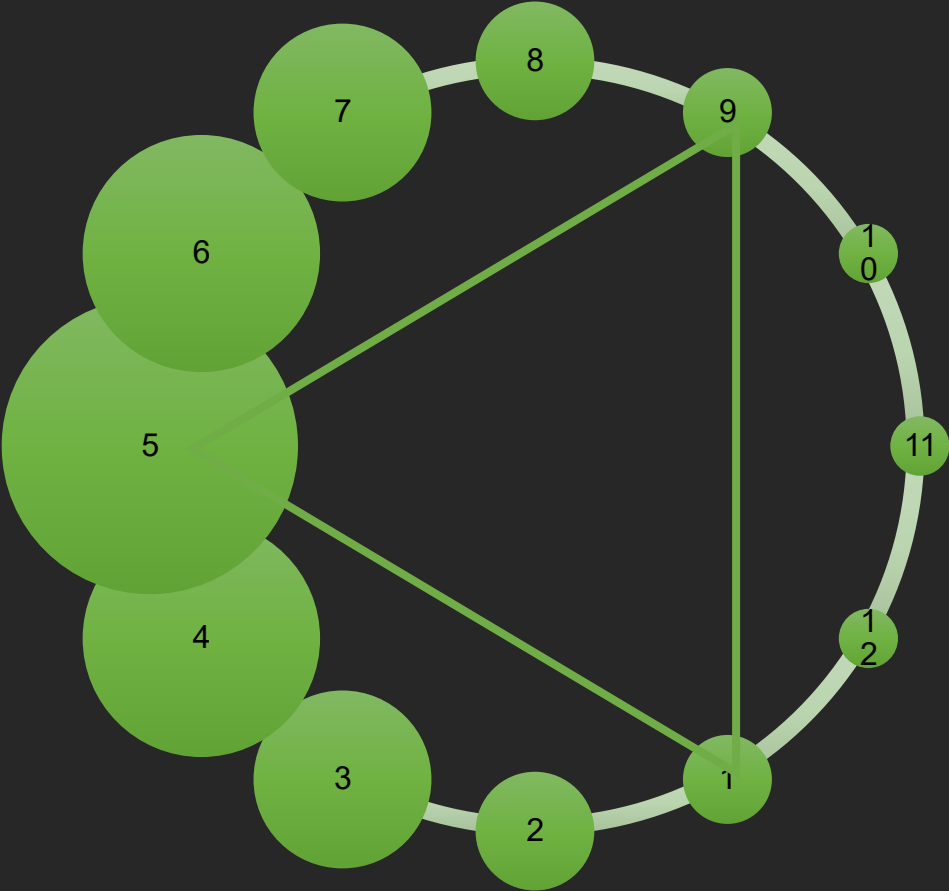
RELATIONSHIPS

- Parallel (self)- wood
- Output (son)- fire
- Wealth (grandson)- earth
- Power (grandfather)- metal
- Support (parent)- water



STRENGTH OF THE DM

	HOUR		DAY		MONTH		YEAR		
STEM	JIA	YI	JIA	YI	JIA	YI	JIA	YI	
	BING	DING			BING	DING	BING	DING	
	WU	JI			WU	JI	WU	JI	
	GENG	XIN			GENG	XIN	GENG	XIN	
	REN	GUI			REN	GUI	REN	GUI	
BRANCH	YIN	MAO	CHEN	YIN	MAO	CHEN	YIN	MAO	CHEN
	SI	WU	WEI	SI	WU	WEI	SI	WU	WEI
	SHEN	YOU	XU	SHEN	YOU	XU	SHEN	YOU	XU
	HAI	ZI	CHOU	HAI	ZI	CHOU	HAI	ZI	CHOU



HEALTH

- ☐ Problems and pain will move around the body like the wind moves
- ☐ Very resistant, stuck, hard to adapt to changes. inflexible, Irritable, nervous, angry.
- ☐ Generally, be experiencing a lack of flow and smoothness in their lives.
- ☐ Liver and Gall bladder diseases like Jaundice
- ☐ Blood problems
- ☐ Eye problems
- ☐ Twitching
- ☐ Stiff Muscles, Sinews, ligaments and nail problems
- ☐ Problems on the Right side of their bodies
- ☐ Submandibular pain
- ☐ Pain and swelling of supraclavicular fossa
- ☐ Axillary swelling
- ☐ Chest pain
- ☐ Hypochondriac pain
- ☐ Difficulty to move torso
- ☐ Hip pain
- ☐ Lateral knee pain
- ☐ Anterolateral ankle pain
- ☐ Eversion of the foot
- ☐ Dysfunction of the fourth toe
- ☐ Excessive sweating
- ☐ Chills and shivering
- ☐ Dull complexation
- ☐ Repeated sighing
- ☐ Temporal Sharp headaches/ migraines
- ☐ Outer cantus pain
- ☐ Bitter taste in mouth
- ☐ Lack of color in complexion
- ☐ Dry throat
- ☐ Felling of fulness on chest
- ☐ Vomiting
- ☐ Diarrhea with undigested food
- ☐ Inguinal hernia
- ☐ Swollen abdomen
- ☐ Oliguria or dribbling urine
- ☐ Lower back pain
- ☐ Inability to bend forward

BALANCING ACTIVITIES

SPORTS AND ACTIVITIES

stimulate weak Wood energy

- ✓ Relaxation / Meditation
- ✓ Walking in the woods
- ✓ Planting / Gardening

FOOD AND DRINKS

stimulate organs directly

- ✓ Liver (beef, chicken, pork, sheep)
- ✓ Green vegetables
- ✓ Lemon / Lime
- ✓ Sour foods

CAREER

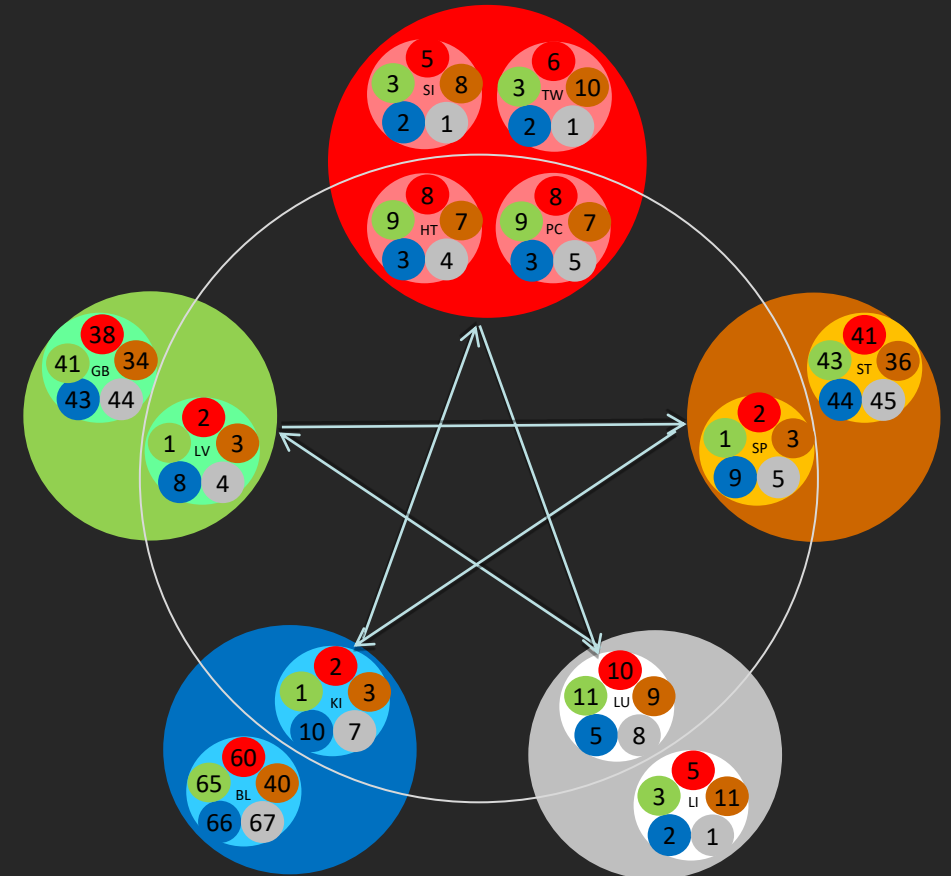
Avoid If element is too excessive

- ✓ Fashion design
- ✓ Publishing (print and digital)
Inventing and designing
- ✓ Politics
- ✓ Wood related businesses (Timber, plants, furniture)

ACUPUNCTURE

Excess	Disperse	Reinforcing
LU	KI10, LU5	HT8, LU10
LI	BL66, LI2	SI5, LI5
ST	LI1, ST45	GB41, ST43
SP	LU8, SP9	LIV1, SP1
HT	SP3, HT7	KI10, HT3
SI	ST36, SI8	BL66, SI2
BL	GB41, BL65	ST36, BL40
KI	LIV1, KI1	SP3, KI3
PC	SP3, PC7	KI10, PC3
TW	ST36, TW10	BK66, TW2
GB	SI5, GB38	LI1, GB44
LIV	HT8, LIV2	LU8, LIV4

Deficiency	Reinforcing	Disperse
LU	SP3, LU9	HT8, LU10
LI	ST36, LI11	SI5, LI5
ST	SI5, ST41	GB41, ST43
SP	HT8, SP2	LIV1, SP1
HT	LIV1, HT9	KI10, HT3
SI	GB41, SI3	BL66, SI2
BL	LI1, BL67	ST36, BL40
KI	LU8, KI7	SP3, KI3
PC	LIV1, PC9	KI10, PC3
TW	GB41, TW3	BL66, TW2
GB	BL66, GB43	LI1, GB44
LIV	KI10, LIV8	LU8, LIV4



FIRE



FIRE

GENERAL

NATURE

CHARACTER

BING-YANG FIRE

DING- YIN FIRE

RELATIONSHIPS

HEALTH

BALANCE

FIRE PHASE- GENERAL

- Movement-active, vitality
 - Energy- Expansive
 - Time of day- Midday
 - Natural form- Flame, Fire, Volcano, Sun
 - Season - summer
 - Direction- south
 - Planet- mars
 - Color - red
 - Emotions- joy, love, hastiness, impatient, hatred
 - Sense - speech
 - Attitude- Outgoing, Warm, Expressive, Social
 - Tissues – blood vessels
 - Taste - bitter
 - Spirit – Shen
 - Organs – heart, small intestine, horse, snake branches
 - Profession – restaurant, alcohol, electricity, entertainment, power sources.
- Fire Element represents all



FIRE IN NATURE

- Fire Element represents all forms of fire that exist on our earth. from a small flame, to a raging forest fire, or an erupting volcano and of course the power of the sun itself.
- Fire is all about our ability to be persistent just as the sun rises every day, fire types are outgoing and full of ideas.
- Fire represents the Summer season, so it relates to brightness, warmth, heat and the time flowers are in bloom, fruits are developing, and we feel energized, playful, creative.



FIRE CHARACTER

BALANCED & HEALTHY

- The inner flame
- Warm, lighted, Lively, Outgoing
- Friendly, Sociable
- Passionate and Charismatic
- Awareness, consciousness, Intelligent
- Giving love, helping and serving
- Joyful and Happy
- Optimistic
- Acknowledged
- Highly creative
- Good with relationships, intimacy
- Fun to be with
- Change is predominant
- Adventurous and always looking for something new
- Leaders, motivators, take charge

- Desire to be in the center of attention
- Good speakers, think and act fast
- Work
- Health

WEAK, EXCESSIVE OR UNDER PRESSURE

- Sadness, Depression, Loneliness
- Restless, over excitement
- Fear, Anxiety hysteria
- Heart issues
- Poor listeners
- Can demand too much attention
- Aggressive behavior and sometimes hatred
- Often leap before looking



BING- YANG FIRE DM



FIRE

GENERAL

NATURE

CHARACTER

BING-YANG FIRE

DING- YIN FIRE

RELATIONSHIPS

HEALTH

BALANCE

BING- YANG FIRE DM

Characteristics

- Yang fire are like the Shining sun
- Radiating Confidence
- Exceptional performers
- Must be at the center of things and be the most important
- Feel the World Revolves Around Them
- Forward thinking
- Talented, hard-working and self-confident
- Selfless and giving, Always willing to help
- Happy to teach others, as they always know best
- Giving Up is Not an Option
- Routine Driven without changes
- Stays Close To Their Comfort Zones
- Independent and strong and invincible
- Tendency to see Over the Surface only
- **Good-** Warm and selfless, Perseverant, Routine driven, Exciting, Thrilling, Incurable optimist, Focus on people and relationships
- **Bad-** Like volcanoes, very emotional and expressive
- Tend to shout and get angry and even be violent if necessary
- Naïve, Unable to see the bad in people, Self-centered, Emotional, Self-destructing, Staying in comfort zone, Over-excited.
- **Work-** Energetic and motivated, Independent, Need space, Traditional and systematic, Conservative, People first, Committed.
- **Health-** Small intestine, shoulder, forehead, and eyesight.
- **Balanced** Yang Fire person generally experiences good digestion and a state of overall good health.
- **Excess** Yang Fire will influence a potential for inflammation in the small intestine, shoulder pain, high blood pressure, or frontal headaches.
- **Deficient** Yang Fire comes weakness in digestive function or poor eyesight.

FIRE	GENERAL	NATURE	CHARACTER	BING-YANG FIRE	DING- YIN FIRE	RELATIONSHIPS	HEALTH	BALANCE
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BING- YANG FIRE DM

FAMOUS BING DM PEOPLE :

- Nelson Mandela
- Vladimir Putin
- Bob Marley
- JK Rowling
- Justin Bieber
- Steve Jobs
- Jesse Eisenberg
- Bruce Springsteen
- Lance Armstrong
- Ray Charles
- Lewis Hamilton
- Martin Freeman
- Helen Mirren
- Sandra Bullock
- Kanye West
- Mariah Carey
- Garry Kasparov
- Shaquille O'Neal
- Sharon Stone
- William Shatner

Day	Month	Year
Yang Fire 80 丙 Bing	Yang Earth 50 戊 Wu	Yin Wood 100 乙 Yi
Dragon 辰 Chen	Tiger 寅 Yin	Goat 未 Wei
Yang Earth 30	Yang Wood 60	Yin Earth 30
Yin Wood 20	Yang Fire 16	Yin Fire 16
Yin Water 10	Yang Earth 10	Yin Wood 20
Steve Jobs -February 24, 1955		



DING - YIN FIRE DM



FIRE

GENERAL

NATURE

CHARACTER

BING-YANG FIRE

DING- YIN FIRE

RELATIONSHIPS

HEALTH

BALANCE

DING - YIN FIRE DM

CHARACTERISTICS

- Fire yin people are like a candle or a torch.
- Fickle Mind and impulsive like the wind
- Need nutrients
- Leaders from birth and people will follow them even without understanding why
- Quick to learn and absorb knowledge easily, but burn quickly, respectively
- Excellent motivators, but may be at their expense
- Natural Philosophers, intellectual thinkers, their quest to inspire others
- Open to new ideas but tend to be more conservative Devoted to the Exhaustive Thinkers and see the heart of the issue
- People Close to Them
- Quick and Hasty Decisions
- Sentimental
- Generous, Nurturing, Guiding and teaching
- Weak if they fail
- Open to others, but may be suspicious
- Sometimes may produce a huge fire and bigger than BING (Yang fire)
- Strong if born in spring or summer and if they have yang wood and yang metal
- GOOD- Quick thinkers, Attention to details, Devoted to people close to them, Kind, Thoughtful, Inspiring, Warm & loving
- BAD- Untrusting, Fickle-minded, Unstable, Naive, Needy, Delusional
- WORK- Tolerant, Trailblazers, Stick to procedures, Thoughtful, People-centered, Persuasive, Impulsive
- HEALTH- Yin Fire represents these organs and body features: Heart, tongue, and mouth.
- A balanced Yin Fire person will experience fairly good health.
- Excess Yin Fire hints that the person may have problems with heart palpitations or a racing heartbeat and may have chronic ulcers on the lips and/or inside the mouth.
- A deficient Yin Fire person is susceptible to a weak heart and poor blood circulation.

DING - YIN FIRE DM

Famous people with DING DM

- David Bowie
- Taylor Swift
- John Cleese
- Kim Kardashian
- Kobe Bryant
- Nick Cave
- Serena Williams
- Roger Waters
- Sean Connery
- Usain Bolt
- Sean Penn
- Robert Plant
- Robert De Niro
- Dustin Hoffman
- Neil Armstrong
- Stanley Kubrick
- Woody Harrelson
- Patrick Stewart
- Harrison Ford
- Tom Hanks
- Janis Joplin
- Joan Baez
- Barbra Streisand
- Jennifer Aniston
- Kate Moss
- Pierce Bronson
- Emma Thompson
- Tony Robbins

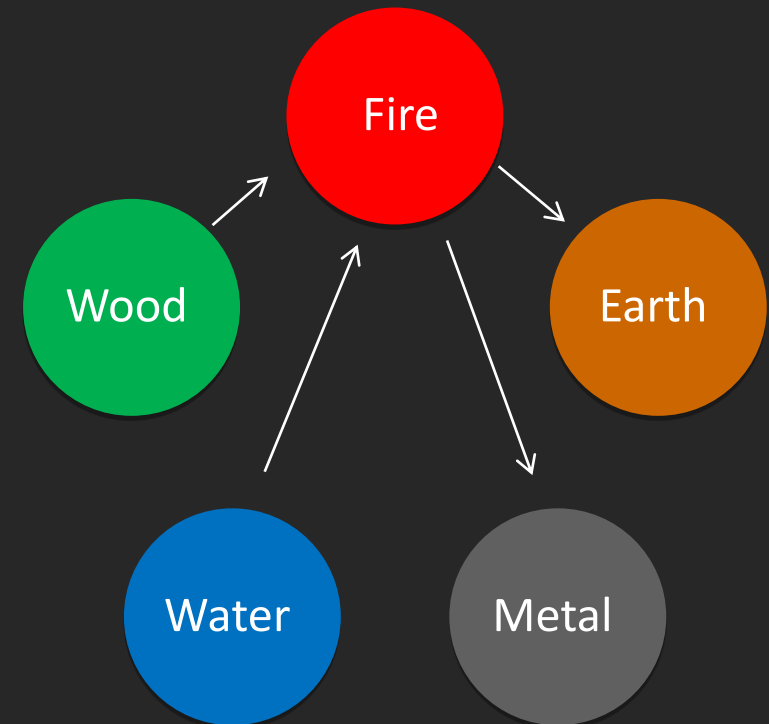
Day	Month	Year
Yin Fire 80 丁 Ding	Yang Earth 50 戊 Wu	Yang Metal 50 庚 Geng
Pig 亥 Hai	Tiger 寅 Yin	Rat 子 Zi
Yang Water 35	Yang Wood 60	Yin Water 50
Yang Wood 30	Yang Fire 16	
	Yang Earth 10	

Tony Robbins February 29 1960



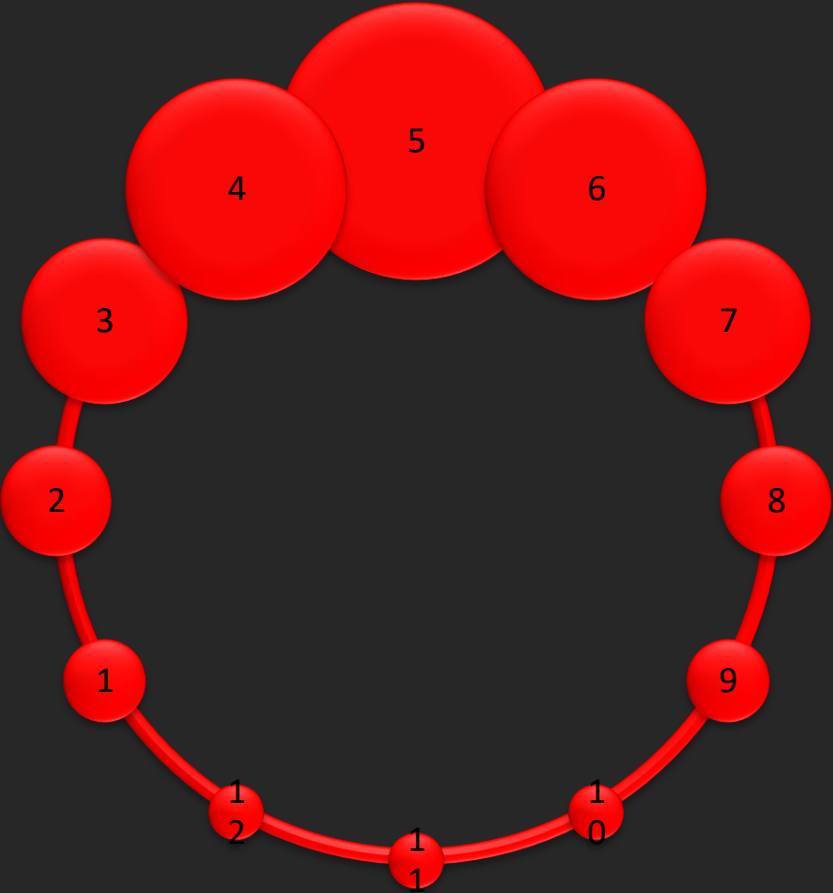
RELATIONSHIPS

- Parallel (self)- fire
- Output (son)- earth
- Wealth (grandson)- metal
- Power (grandfather)- water
- Support (mother)- wood



STRENGTH OF THE DM

	HOUR		DAY		MONTH			YEAR	
STEM	JIA	YI			JIA	YI	JIA	YI	
	BING	DING	BING	DING	BING	DING	BING	DING	
	WU	JI			WU	JI	WU	JI	
	GENG	XIN			GENG	XIN	GENG	XIN	
	REN	GUI			REN	GUI	REN	GUI	
BRANCH	YIN	MAO	CHEN	YIN	MAO	CHEN	YIN	MAO	CHEN
	SI	WU	WEI	SI	WU	WEI	SI	WU	WEI
	SHEN	YOU	XU	SHEN	YOU	XU	SHEN	YOU	XU
	HAI	ZI	CHOU	HAI	ZI	CHOU	HAI	ZI	CHOU



FIRE HEALTH

- ☐ Channels connected to the Fire element are the heart, pericardium, small intestine, and triple warmer.
- ☐ If the heart system is out of balance, a person often feels sad or broken-hearted or they may become overexcited.
- ☐ Angina
- ☐ Anteromedial arm pain
- ☐ Anterior elbow and forearm pain
- ☐ Axillary swelling
- ☐ Check pain
- ☐ Constant laughing
- ☐ Difficulty in turning the neck
- ☐ Distention of the chest and subcostal regions
- ☐ Dry throat
- ☐ Excessive sweating
- ☐ Fevers
- ☐ Headaches
- ☐ Hearing loss
- ☐ Heart blockages and/or weakness
- ☐ Heart pain
- ☐ Heat in the palms
- ☐ High/low blood pressure
- ☐ Hypochondriac pain
- ☐ Irritability on chest
- ☐ Outer cantus pain
- ☐ Posterior arm, elbow, forearm pain
- ☐ Posterior shoulder pain
- ☐ Posterolateral arm and forearm pain
- ☐ Problems with speech
- ☐ Reddish eyes
- ☐ Retro auricular pain
- ☐ Ring finger dysfunction
- ☐ Severe palpitations
- ☐ Small intestine unbalance can cause difficulty in recognizing priorities
- ☐ Sore throat
- ☐ Swelling below the jaw
- ☐ Swelling of the checks
- ☐ Thirst with desire to drink
- ☐ throat or the tongue
- ☐ Throat pain and swelling
- ☐ Tinnitus
- ☐ Warm and painful palms
- ☐ Yellowish eyes

BALANCING ACTIVITIES

SPORTS AND ACTIVITIES

stimulate weak fire energy

- ✓ Running
- ✓ Stage performance
- ✓ Dancing
- ✓ Singing
- ✓ Sunbathing
- ✓ Socializing
- ✓ Talking
- ✓ Wear bright colors

FOOD AND DRINKS

stimulate our organs directly

- ✓ Fried onions
- ✓ Garlic
- ✓ Ginger
- ✓ Spring onions / scallions
- ✓ Mild spices
- ✓ Coffee (moderately)
- ✓ Alcohol (moderately)
- ✓ Oils
- ✓ Corn
- ✓ Nuts
- ✓ Apricots
- ✓ Seeds and herbs such as parsley

CAREER

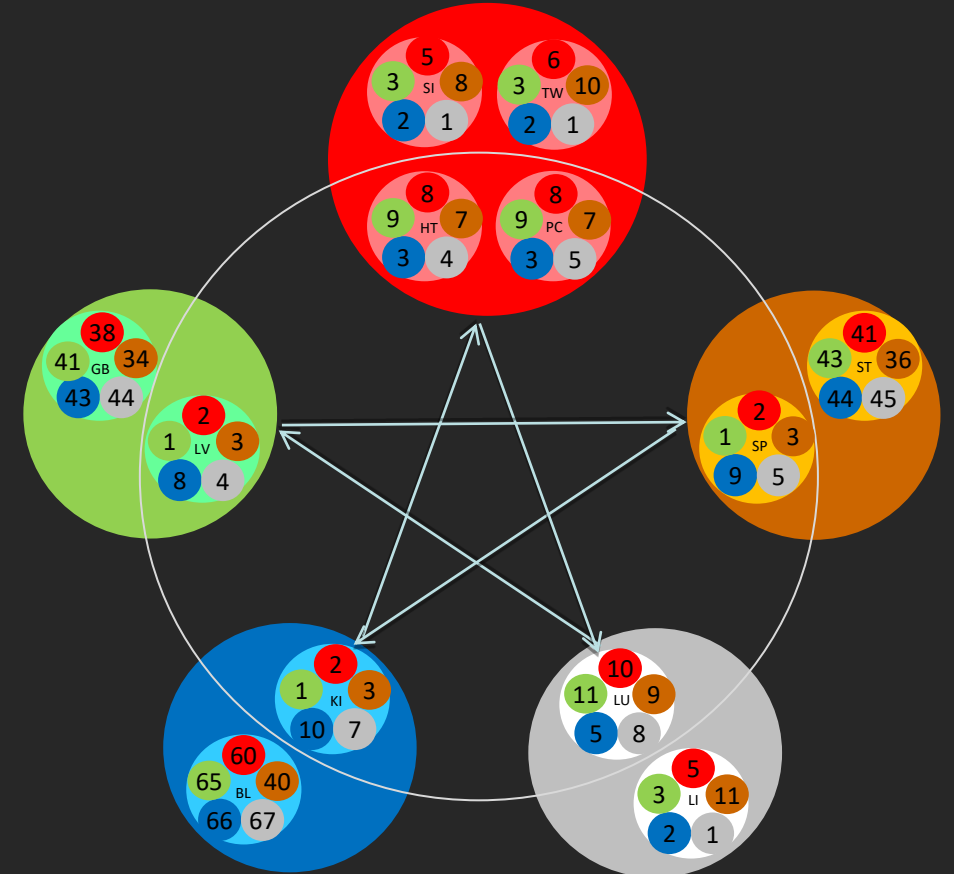
Avoid If element is too excessive

- ✓ Public Speaking
- ✓ Stage performance
- ✓ Marketing & PR
- ✓ Beauty business (cosmetics, beauty products)
- ✓ Aeroplane pilots and stewardess
- ✓ Computers and electronics
- ✓ Oil and light business

ACUPUNCTURE

Excess	Disperse	Reinforcing
LU	KI10, LU5	HT8, LU10
LI	BL66, LI2	SI5, LI5
ST	LI1, ST45	GB41, ST43
SP	LU8, SP9	LIV1, SP1
HT	SP3, HT7	KI10, HT3
SI	ST36, SI8	BL66, SI2
BL	GB41, BL65	ST36, BL40
KI	LIV1, KI1	SP3, KI3
PC	SP3, PC7	KI10, PC3
TW	ST36, TW10	BL66, TW2
GB	SI5, GB38	LI1, GB44
LIV	HT8, LIV2	LU8, LIV4

Deficiency	Reinforcing	Disperse
LU	SP3, LU9	HT8, LU10
LI	ST36, LI11	SI5, LI5
ST	SI5, ST41	GB41, ST43
SP	HT8, SP2	LIV1, SP1
HT	LIV1, HT9	KI10, HT3
SI	GB41, SI3	BL66, SI2
BL	LI1, BL67	ST36, BL40
KI	LU8, KI7	SP3, KI3
PC	LIV1, PC9	KI10, PC3
TW	GB41, TW3	BL66, TW2
GB	BL66, GB43	LI1, GB44
LIV	KI10, LIV8	LU8, LIV4



EARTH



EARTH

GENERAL

NATURE

CHARACTER

WU-YANG EARTH

JI- YIN EARTH

RELATIONSHIPS

HEALTH

BALANCE

EARTH PHASE- GENERAL

- Movement – stability, stillness
- Time of day- Afternoon
- Season – late summer
- Direction- center, NE, SW
- Natural form- Soil, mountain, rock
- Planet- Saturn
- Color - yellow, beige
- Emotions-openness, fairness, worry
- Sense - taste
- Tissues - muscles
- Taste - sweet
- Spirit - yi
- Organs –spleen, stomach, ox, sheep, dragon, dog branches
- Profession – construction, real estate, attorney, judges, human resources, management, consultation



EARTH IN NATURE

- The pause between the rising Elements of Wood and Fire and the descending Elements, Metal, and Water
- The Earth is about our feelings of stability.
- The ending of each season



EARTH CHARACTER

BALANCED & HEALTHY

- Earth represents a balance of both, yin and yang
- Its motion is inward and centering, and its energy is stabilizing and conserving
- Associated with the turn of each of the seasons and with damp
- Nurturing, Supportive, Compassion, Thoughtfulness, Absorbs
- Strong, Responsible, Reliable, Stable, Slow, Organized
- Warm, kind and supportive
- Fairness is dominant quality
- Home, Shelter
- Positive emotion is empathy
- Long-term planning
- Tend to be steady and not so fast
- Realistic and don't spend time on ideas and schemes.
- Merge with their environment
- Good at management and organizing
- Can be trusted in implementing a plan

- Emotionally sensitive
- Having difficulties with boundaries

WEAK, EXCESSIVE OR UNDER PRESSURE

- Tend to worries about everything
- They are very focused and have difficulty to handle multiple factors
- Expect the rest of the world to think like them
- Can become stubborn
- Respond good to change if it is slow and gradual
- Stubbornness
- Overprotective
- Over-thinking
- Selfishness and self-centeredness
- Instability
- Inflexibility
- Stomach issues



WU - YANG EARTH DM



WU - YANG EARTH DM

CHARACTERISTICS

- The image for Yang Earth is mountain
- Yang earth people are stable, reliable, stubborn, confident rigid and do not give up easily
- Everything about them is around the familiar, safe and secure house and shelter
- Good friends and parents from their concern for others
- Important for them to be valued, reputable and respected
- Everything they do will take time
- Look tough on the outside but soft and sensitive on the inside
- They are the guards of society and community
- Confidential
- Independent and generating their own talents
- Makes Highly Principled Choices
- Governed by other people's opinions
- Driven by Emotions
- Gaining strength from family and relationship
- **GOOD**- Persistent, Trustworthy, Kind, Down-to-earth, Realistic, Stable, Centered
- **BAD**- Stubborn, Indecisive, Emotional, Loners, Moody, Prone to delay, Single-minded
- **WORK**- Headstrong, Reserved, Kind, Open-minded, Friendly with costumers, Not good with numbers, Not good negotiator
- **HEALTH**- When not balanced, either too weak or excessive, problems in these areas might occur.
- Stomach or abdomen-related problems
- Digestive systems
- Cells and flesh

WU - YANG EARTH DM

FAMOUS WU DM PEOPLE :

- Mark Zuckerberg
- David Beckham
- Victoria Beckham
- Will Smith
- Ben Affleck
- Robert Downey Jr
- Michael Schumacher
- Michael Bloomberg
- Roger Federer
- Michael Jackson
- Hillary Clinton
- James LeBron
- Pink
- Michael Keaton
- Earvin Magic Johnson
- Steve Wozniak
- Andy Warhol
- Philip Seymour Hoffman
- Slash
- Maria Sharapova
- Rafael Nadal
- Kylie Minogue
- Eric Clapton
- Heidi Klum
- George Lucas
- Elisabeth Taylor
- Al Pacino

Day	Month	Year
Yang Earth 50 戊 Wu	Yin Metal 100 辛 Xin	Yang Earth 50 戊 Wu
Dog 戌 Xu	Rooster 酉 You	Monkey 申 Shen
Yang Earth 30 Yin Metal 20 Yin Fire 10	Yin Metal 100	Yang Metal 60 Yang Water 10 Yang Earth 10
Will Smith, September 25, 1968		



JI - YIN EARTH DM



JI - YIN EARTH DM

CHARACTERISTICS

- The image of earth yin is fertile soil
- Earth yin people are nourishing and efficient, can create anything
- Masters of the ego. They really think they're smart and know best
- Resourceful and talented
- Motivating processes for their own good,
- Good in discussions, debates and rhetoric
- Good politicians
- Have good mental analysis capabilities, analyze everything that can happen and why people act the way they do.
- Good clerics- in religions
- In unsafe or comfortable situations, they will ask many questions
- Maternal Instincts
- Mind Stimulating Thoughts
- Good memory
- Acts Based on Instinct
- Aristocrats, with or without reason

- Needs to be productive
- Strong vs Weak
- **GOOD-** Supportive / Nurturing, Resourceful, Gentle instinct, Productive, Innovative, Patient, Firm
- **BAD-** Sacrificial, Possessive, Hedonistic, Stubborn, Pessimistic, Idealistic, Doubtful, Worrisome
- **WORK-** Nurturing, Productive, Caring, Controlling, Organized, Protective, Idealistic, Make every effort in partnerships
- **HEALTH-** Spleen, pancreas, belly, nose, and flesh.
- Balanced Yin Earth- has good health and a rich life.
- Excess Yin Earth will manifest as an overweight body shape, big belly, a fullness or bloated sensation, and a susceptibility to diabetes.
- Deficient Yin Earth will have spleen Qi deficiency symptoms, may have a weak digestive function, or could be troubled with regular diarrhea.

JI - YIN EARTH DM

Famous JI DM people:

- Donald Trump
- Barack Obama
- Cate Blanchet
- George Clooney
- Jose Mourinho
- Michael Fassbender
- Morgan Freeman
- Sergey Brin
- Bill Murray
- Phil Jackson
- Henry Ford
- Pete Sampras
- Kevin Spacey
- 50 Cent
- James Brown
- Justin Timberlake
- Quentin Tarantino
- Cate Blanchett
- Audrey Hepburn
- Uma Thurman
- Diane Keaton
- Jack Nicholson
- Michael Caine
- Bruce Willis
- Mel Gibson

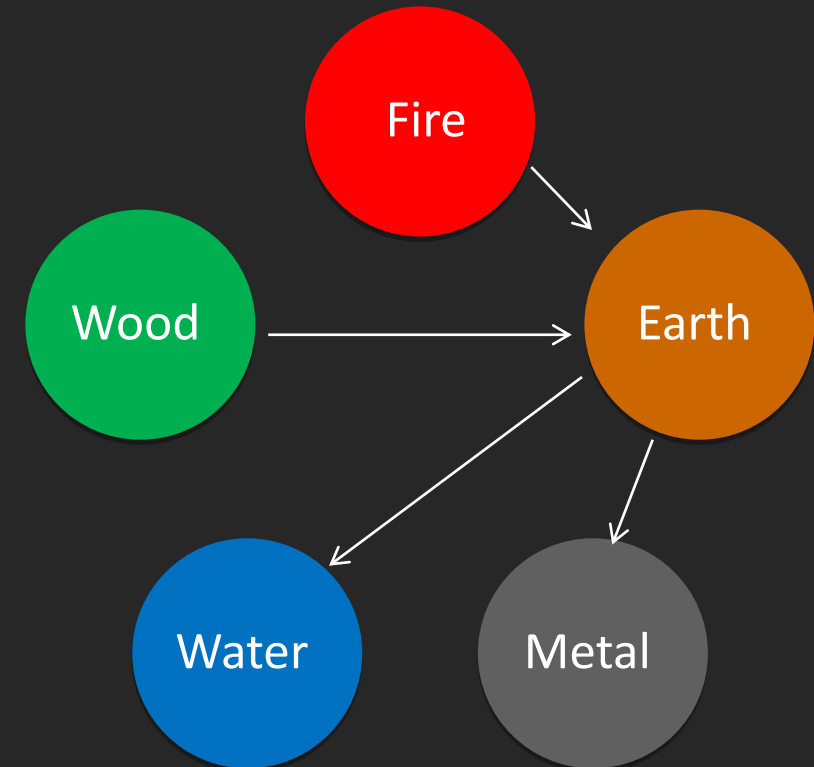
Day	Month	Year
Yin Earth 100 己 Ji	Yang Wood 50 甲 Jia	Yang Fire 100 丙 Bing
Goat 未 Wei	Horse 午 Wu	Dog 戌 Xu
Yin Earth 60	Yin Fire 70	Yang Earth 60
Yin Fire 20	Yin Earth 30	Yin Metal 10
Yin Wood 10		Yin Fire 20

Donald Trump, June 14, 1946



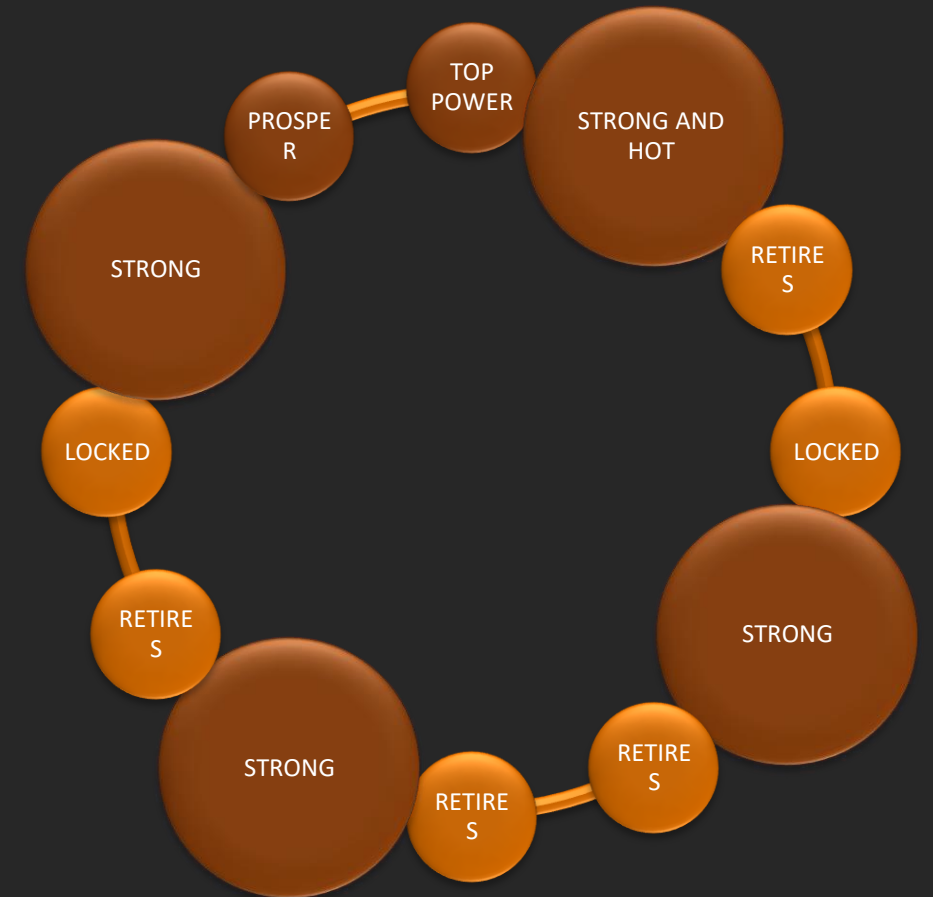
RELATIONSHIPS

- Parallel (self)- earth
- Output (son)- metal
- Wealth (grandson)- water
- Power (grandfather)- wood
- Support (mother)- fire



STRENGTH OF THE DM

	HOUR		DAY		MONTH			YEAR	
STEM	JIA	YI			JIA	YI	JIA	YI	
	BING	DING			BING	DING	BING	DING	
	WU	JI	WU	JI	WU	JI	WU	JI	
	GENG	XIN			GENG	XIN	GENG	XIN	
	REN	GUI			REN	GUI	REN	GUI	
BRANCH	YIN	MAO	CHEN	YIN	MAO	CHEN	YIN	MAO	CHEN
	SI	WU	WEI	SI	WU	WEI	SI	WU	WEI
	SHEN	YOU	XU	SHEN	YOU	XU	SHEN	YOU	XU
	HAI	ZI	CHOU	HAI	ZI	CHOU	HAI	ZI	CHOU



EARTH 12 QI STAGES

STAGE	CYCLE	ZODIAC	MONTH
1	Birth	TIGER	FEBRUARY
2	Childhood	RABBIT	MARCH
3	Adolescence	DRAGON	APRIL
4	Adulthood	SNAKE	MAI
5	Prime	HORSE	JUNE
6	Decline	GOAT	JULY
7	Aging	MONKEY	AUGUST
8	Death	ROOSTER	SEPTEMBER
9	Dormancy	DOG	OCTOBER
10	Void	PIG	NOVEMBER
11	Embryo	RAT	DECEMBER
12	Pregnancy	OX	JANUARY

EARTH HEALTH

- | | | |
|---|---|---|
| ☐ Abdominal distention | ☐ lives | ☐ Nausea and vomiting after eating |
| ☐ Accelerated digestion | ☐ Facial paralysis | ☐ Nosebleeds and nasal congestion |
| ☐ Alternating fevers and chills | ☐ Frontal headache | ☐ Oliguria |
| ☐ Anterior thigh pain | ☐ Greyish complexion | ☐ Painful and rigid tongue |
| ☐ Anxiety and overthinking. | ☐ Heaviness of the body | ☐ Painful and swollen throat |
| ☐ Borborygmus | ☐ Hiccups | ☐ Passing of gas brings a relief |
| ☐ Breast pain | ☐ Insomnia | ☐ Problems of dampness due to lack of fluids |
| ☐ Constant hunger | ☐ Irritability of chest | ☐ transformation |
| ☐ Diarrhea | ☐ Jaundice | ☐ Rush around the mouth |
| ☐ Difficulty in swallowing food | ☐ Knee swelling and pain | ☐ Sensation of heat/ cold in abdomen |
| ☐ Digestion problems, | ☐ Lateral shin pain | ☐ Spleen and Stomach organs problems |
| ☐ Dysfunction of big toe | ☐ Medial thigh and knee swelling | ☐ Swellings of the neck |
| ☐ Epigastric pain (acute too) | ☐ Middle toe dysfunction | ☐ Weight problems |
| ☐ Excessive sweat | ☐ Mouth problems | ☐ Yellow urine |
| ☐ Experiencing heaviness and slowness in their | ☐ Muscle problems | |

BALANCING ACTIVITIES

SPORTS AND ACTIVITIES

stimulate weak earth energy

- ✓ Yoga/Pilates
- ✓ Gardening
- ✓ Earthworks
- ✓ Sculpture
- ✓ Walking barefoot

FOOD AND DRINKS

stimulate organs directly

- ✓ Sweet Potato
- ✓ Baked meals
- ✓ Thick soups
- ✓ Bread

CAREER

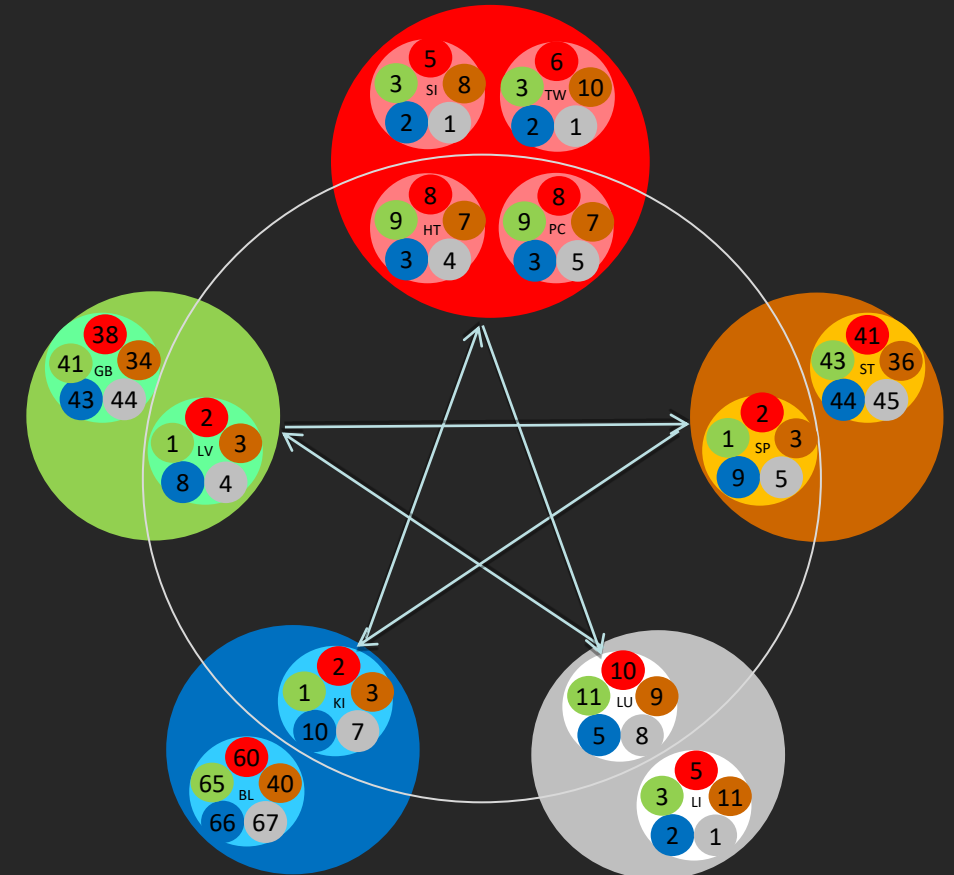
Avoid If element is too excessive

- ✓ Real estate
- ✓ Building materials
- ✓ Art dealer
- ✓ Social services
- ✓ Humanitarian work
- ✓ Insurance business

ACUPUNCTURE

Excess	Disperse	Reinforcing
LU	KI10, LU5	HT8, LU10
LI	BL66, LI2	SI5, LI5
ST	LI1, ST45	GB41, ST43
SP	LU8, SP9	LIV1, SP1
HT	SP3, HT7	KI10, HT3
SI	ST36, SI8	BL66, SI2
BL	GB41, BL65	ST36, BL40
KI	LIV1, KI1	SP3, KI3
PC	SP3, PC7	KI10, PC3
TW	ST36, TW10	BL66, TW2
GB	SI5, GB38	LI1, GB44
LIV	HT8, LIV2	LU8, LIV4

Deficiency	Reinforcing	Disperse
LU	SP3, LU9	HT8, LU10
LI	ST36, LI11	SI5, LI5
ST	SI5, ST41	GB41, ST43
SP	HT8, SP2	LIV1, SP1
HT	LIV1, HT9	KI10, HT3
SI	GB41, SI3	BL66, SI2
BL	LI1, BL67	ST36, BL40
KI	LU8, KI7	SP3, KI3
PC	LIV1, PC9	KI10, PC3
TW	GB41, TW3	BL66, TW2
GB	BL66, GB43	LI1, GB44
LIV	KI10, LIV8	LU8, LIV4



METAL



METAL PHASE- GENERAL

- Movement – inward, Contracted
- Time of day- Evening
- Time of year- Autumn
- Energy- Contracted
- Natural form- Minerals, precious metals, crystals
- Attitude- Inner strength, righteousness
- Season - fall
- Direction- west, NE
- Attitude: Inner strength, righteousness
- Planet- Venus
- Natural form: Minerals, precious metals, crystals
- Color – white, gold
- Emotions – courage, sadness, depression
- Sense - smell
- Tissues - skin
- Taste - spicy
- Spirit – po
- Organs – lungs, large intestine, rooster, monkey branches
- Profession – metal industries, strategic management, automobile industry, jewelry



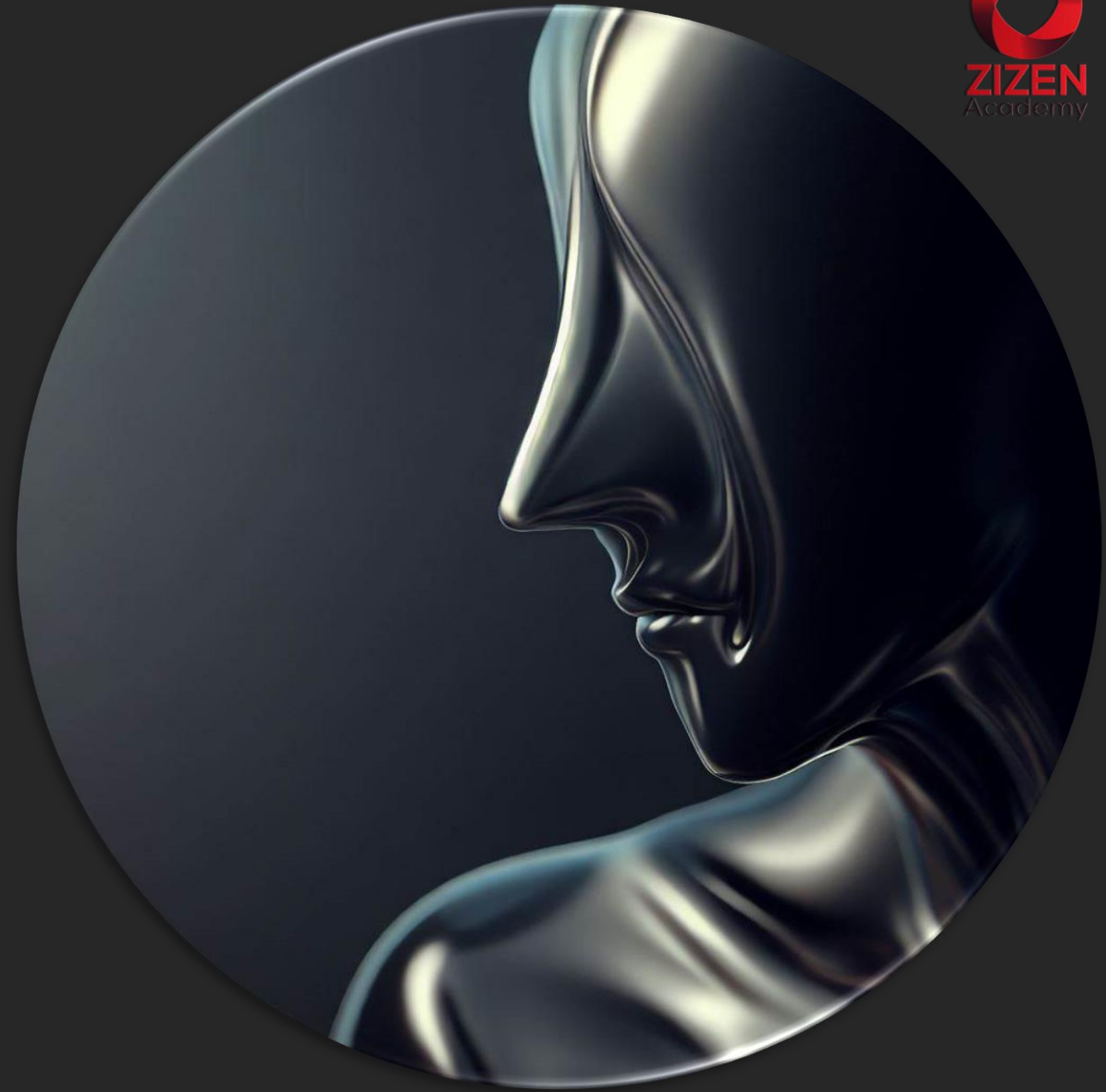
METAL IN NATURE

- The season of Autumn is generally seen as starting in August
- That can be a metal or a piece of jewelry.
- Metal is connected to dryness, which tends to be most strong in Autumn time.
- Time when everything starts to be ready to be harvested after summer, and this is characterized by the fruits that begin to drop down,
- Everything is ripe after the period of maturity in summer.
- The time when nature rids itself of what is not needed when nature sheds its leaves and letting go of the waste that is no longer needed.
- Metal represents the minerals, crystals, and gems of the world. The Metal aspect is the diamond



METAL CHARACTER

- **BALANCED & HEALTHY**
- inflexibility, rigidity, persistence, strength, and determination.
- Firmness , Inner strength, Courage
- Good leadership and decision-making
- Justice and righteousness
- Determination, ambition
- Cutting abilities and Letting go
- Organized, clean, and contained.
- Handle their problems alone
- Minimalism, Simplicity
- Motion is inwards, contracting.
- Like the western “Air Element”
- **WEAK, EXCESSIVE OR UNDER PRESSURE**
- Controlling
- Forceful
- Jealous
- Grief
- Guilt
- Controlling
- Lung and large intestine issues



GENG- YANG METAL DM



METAL

GENERAL

NATURE

CHARACTER

GENG-YANG METAL

XIN- YIN METAL

RELATIONSHIPS

HEALTH

BALANCE

GENG- YANG METAL DM

CHARACTERISTICS

- Yang metal people are like a heavy ax, Raw Iron
- The hardest and stands under pressure and difficulty. continues to go directly to the difficulty without thinking with Pure and brutal power.
- Necessary to Sharpe them
- Deal with the big problems Do or Die Attitude
- Taking decisions and taking actions
- work well with tools and know how to get their hands dirty
- Connected, Need and appreciate people they love around them, especially family. Brotherhood Above All Else, Love helping them
- Deals with Law and order, Justice, Border, Focus, Will Fight for What Is Right
- Perfectionist , details, Exact , Elegant, Cutting, Letting go the past
- Strong but melting , Blinded by Emotions
- Smart , Systematic Approach
- Aiming for the top, Can organize others to accomplish goals
- Strong Pride, Highly Concerned About Their Appearance
- Fear of Failure
- Strong with autumn, fire needed sometimes
- Focused, emotional, intuitive, confident
- Aggressive in perusing their goals
- Can be successful in everything
- Motivate others to achieve common objectives
- Rough that sometimes makes them less polite, impudent, and impulsive
- Can be loaners, isolated, Tend to sadness, depression and loneliness
- Don't like to get help
- Can be naughty and crazy
- Stubborn and driven by inner faith they are right or wrong
- Difficult to decide on simple tasks
- When problem arise, they turn inwards and don't trust others
- Do not communicate their feelings
- **GOOD-** Hard-working, Motivated under pressure, Loyal, Altruistic, Systematic, Responsible, Idealistic
- **BAD-** Proud, Stubborn, Inflexible, isolated mentality, Over-competitive, Judgmental
- **WORK-** Speed above quality, Not detail orientated, Inflexible, Authoritative, Unique style of work, Passionate, Solo players
- **HEALTH-** Yang Metal represents : Large intestine, navel, bones, and skin.
- **Balanced** - the person can expect to have healthy large intestine and circulatory system function.
- **Excess Yang Metal-** may manifest as constipation, dry skin, or weakness of the immune system.
- **Deficient Yang Metal-** may reveal itself through poor Qi circulation and problems in large intestines, bones, or skin.

GENG- YANG METAL DM

FAMOUS GENG DM PEOPLE :

- Margaret Thatcher (The Iron Lady)
- Bruno Mars
- Charlie Sheen
- Arnold Schwarzenegger
- Jennifer Lopez
- Michael Phelps
- Steffi Graf
- Adele
- Queen Elisabeth II
- Martin Luther King
- Muhammad Ali
- Paul Newman

Day	Month	Year
Yang Metal 80 庚 Geng	Yang Fire 80 丙 Bing	Yin Wood 50 乙 Yi
Horse 午 Wu	Dog 戌 Xu	Ox 丑 Chou
Yin Fire 56 Yin Earth 30	Yang Earth 60 Yin Metal 16 Yin Fire 16	Yin Earth 60 Yin Water 10 Yin Metal 16

Margaret Thatcher, 13 October 1925



XIN- YIN METAL DM



METAL

GENERAL

NATURE

CHARACTER

GENG-YANG METAL

XIN- YIN METAL

RELATIONSHIPS

HEALTH

BALANCE

XIN- YIN METAL DM

CHARACTERISTICS

- Metal yin is a processed, Precious metal, like a jewel.
- Shine, external appearance, beauty, artistic expression and attracting attention, elegance and luxury , being stylish, attractive and trendy with personal brand.
- Loves the Spotlight
- Very talented with skills
- Tend to do a lot and not finish, need to see a solution
- Very sentimental
- Appreciative of family values and relationships
- Need fire In order to shine
- Need water to shine with wisdom and for output
- Sensitivity Behind a Tough Exterior
- Think Differently
- Affinity for Luxurious Things
- Constant Need to protect their image
- Confident when they receive compliments
- Take Emotional Choices sometimes without logic
- Become weak and lose confidence when criticized
- Fanatics, Noisy and difficult to control
- Easier to influence them
- Can be arrogant
- Can forget their friends
- Talented Extroverts
- More of a Talker than a Doer
- Strong vs Weak
- **GOOD-** Elegant, Pure, Eloquent, Brilliant minds, Sensitive, Cultured, Witty
- **BAD-** Vain, Show-off, Perfectionist, Proud, Over-sensitive, Moody, Calculating
- **WORK-** Can't handle pressure, Delegator, Reserved, Tactical, Facts and figures, Creative and unique ideas, Prefer working in teams
- **HEALTH-** Yin Metal represents :Lung, thigh, breath, and Qi.
- A balanced Yin Metal may have a keen sense of discipline and well-developed spiritual self.
- A person with imbalanced Yin Metal may have problems with lung function, breathing, Qi circulation, or immune function

XIN- YIN METAL DM

Famous people with xin DM

- Stephen Hawking
- Novak Djokovic
- Matt Damon
- Gwyneth Paltrow
- Paul Walker
- Colin Firth
- Chris Pine
- George W. Bush
- Sylvester Stallone
- Conan O'Brien
- David Letterman
- Osama Bin Laden
- John F. Kennedy
- Marilyn Monroe
- Lady Gaga
- Christopher Nolan
- Larry Page
- Michael Jordan
- Angelina Jolie
- Clint Eastwood
- Christian Bale
- Daniel Craig
- James Franco

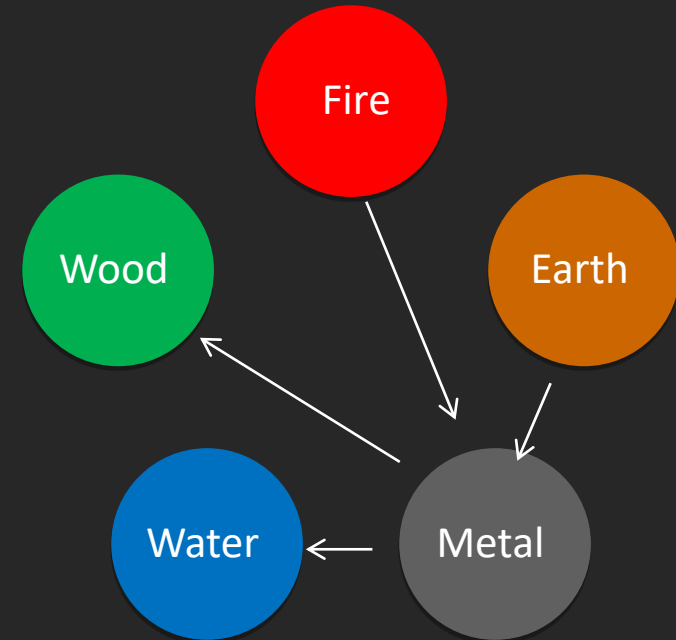
Day	Month	Year
Yin Metal 80 辛 Xin	Yin Metal 80 辛 Xin	Yin Metal 80 辛 Xin
Rooster 酉 You	Ox 丑 Chou	Snake 巳 Si
Yin Metal 80	Yin Earth 60	Yang Fire 30
	Yin Water 16	Yang Earth 20
	Yin Metal 16	Yang Metal 16

Stephen Hawking , 8 January 1942



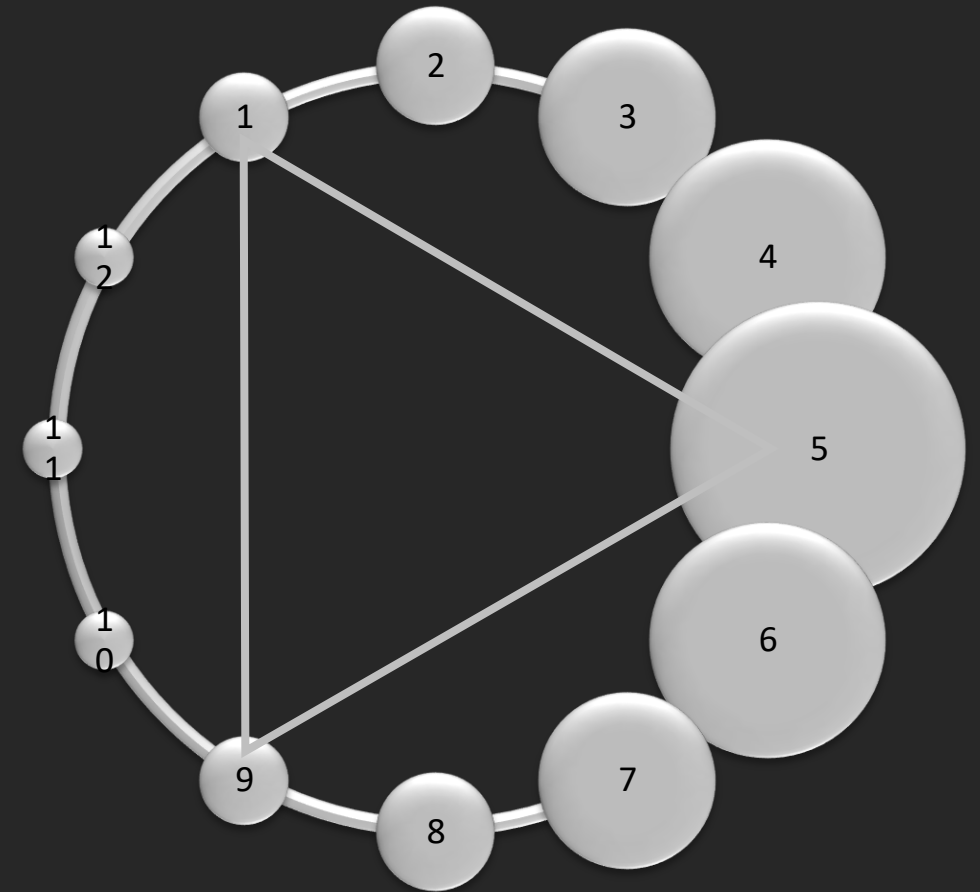
METAL DM- RELATIONSHIPS

- Parallel (self)- metal
- Output (son)- water
- Wealth (grandson)- wood
- Power (grandfather)- fire
- Support (mother)- earth



STRENGTH OF THE DM

	HOUR		DAY		MONTH			YEAR	
STEM	JIA	YI			JIA	YI	JIA	YI	
	BING	DING			BING	DING	BING	DING	
	WU	JI			WU	JI	WU	JI	
	GENG	XIN	GENG	XIN	GENG	XIN	GENG	XIN	
	REN	GUI			REN	GUI	REN	GUI	
BRANCH	YIN	MAO	CHEN	YIN	MAO	CHEN	YIN	MAO	CHEN
	SI	WU	WEI	SI	WU	WEI	SI	WU	WEI
	SHEN	YOU	XU	SHEN	YOU	XU	SHEN	YOU	XU
	HAI	ZI	CHOU	HAI	ZI	CHOU	HAI	ZI	CHOU



METAL HEALTH

- ☐ Anterior shoulder and arm pain
- ☐ Change in urine color
- ☐ Dry mouth, Flushing, Heat in the palms
- ☐ Dry or brittle hair problems
- ☐ Dry throat
- ☐ Frequent urination
- ☐ lack of energy and inspiration in their lives.
- ☐ Heat and swelling along the LU and LI meridians pathways
- ☐ Irritability, Wheezing and fullness on chest
- ☐ Nose problems- Nosebleeds and nasal congestion
- ☐ Pain along anterolateral aspect of arms
- ☐ Pain and cold sensation on upper back
- ☐ Pain and loss of function of the index finger
- ☐ Pain in the shoulders and supraclavicular fossa
- ☐ Painful and swollen throat
- ☐ Respiratory problems such as colds and flu
- ☐ Shivering with inability to get warm, cold sensation
- ☐ Shortness of breath, inability to breath deeply
- ☐ Sweating from exposure to wind-cold
- ☐ The lungs and large intestine organs
- ☐ They can be jealous, grief-stricken and worry some when they are out of balance.
- ☐ Lung problem will start to develop into more serious illness
- ☐ Toothache
- ☐ Grief - hard to do let go of the past and move into the future.
- ☐ Yawning
- ☐ Yellowish eyes

BALANCING ACTIVITIES

SPORTS AND ACTIVITIES

stimulate weak metal energy

- ✓ Fitness
- ✓ Cycling
- ✓ Wearing jewelry

FOOD AND DRINKS

stimulate organs directly

- ✓ Spicy
- ✓ Rice
- ✓ Mushrooms

CAREER

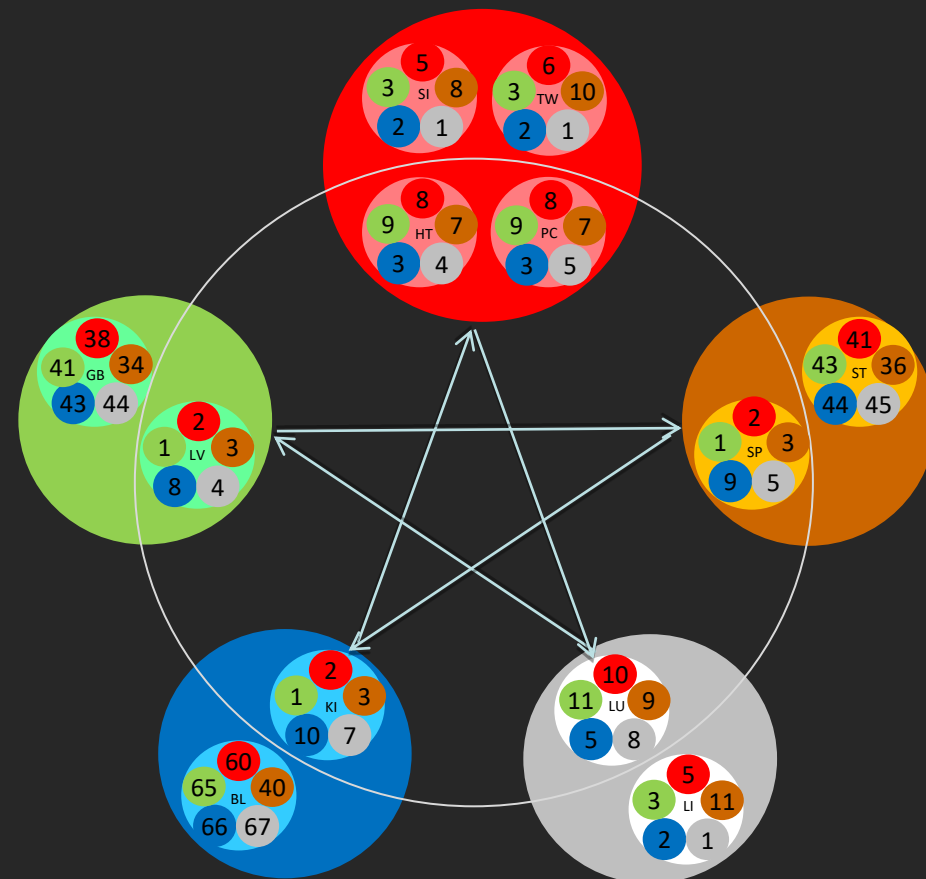
Avoid If element is too excessive

- ✓ Finance
- ✓ Justice
- ✓ Legal
- ✓ Goldsmith/Jewelry
- ✓ Selling cars

ACUPUNCTURE

Excess	Disperse	Reinforcing
LU	KI10, LU5	HT8, LU10
LI	BL66, LI2	SI5, LI5
ST	LI1, ST45	GB41, ST43
SP	LU8, SP9	LIV1, SP1
HT	SP3, HT7	KI10, HT3
SI	ST36, SI8	BL66, SI2
BL	GB41, BL65	ST36, BL40
KI	LIV1, KI1	SP3, KI3
PC	SP3, PC7	KI10, PC3
TW	ST36, TW10	BK66, TW2
GB	SI5, GB38	LI1, GB44
LIV	HT8, LIV2	LU8, LIV4

Deficiency	Reinforcing	Disperse
LU	SP3, LU9	HT8, LU10
LI	ST36, LI11	SI5, LI5
ST	SI5, ST41	GB41, ST43
SP	HT8, SP2	LIV1, SP1
HT	LIV1, HT9	KI10, HT3
SI	GB41, SI3	BL66, SI2
BL	LI1, BL67	ST36, BL40
KI	LU8, KI7	SP3, KI3
PC	LIV1, PC9	KI10, PC3
TW	GB41, TW3	BL66, TW2
GB	BL66, GB43	LI1, GB44
LIV	KI10, LIV8	LU8, LIV4



WATER



WATER

GENERAL

NATURE

CHARACTER

REN-YANG WATER

GUI- YIN WATER

RELATIONSHIPS

HEALTH

BALANCE

WATER PHASE- GENERAL

- Movement-Adaptable
- Energy: Floating
- Time of day: Night
- Season-Winter
- Natural form: Lake, Ocean, River, Rain, Snow, Cloud, Fog, Pond
- Direction-North
- Planet-Mercury
- Color- Blue , black
- Emotions- gentleness, fear
- Attitude: Objective, artistic, original, flexible
- Sense - hearing
- Tissues - bones
- Taste- salty
- Spirit – zhi
- Organs -Kidney, RAT-ZI branch, Urinary bladder, PIG-HAI branches
- Profession - Teaching, communication, transportation, fishing, divination, lecturing, healing



WATER IN NATURE

- Water Element represents all forms of water that exists on our earth.
- Transformative properties of water; clouds, rainfall, gentle streams, noisy waterfalls, the stillness of a frozen lake, a mighty river, the vast oceans, and waves.
- Water is all about our ability to change, to flow and overcome obstacles by eroding them away over long periods or sweeping them away like a tsunami at other times!
- Positioned at the end of the '5 Element Cycle', Water represents the Winter season.
- connected with dark, coldness and the time everything starts to die down,
- to hibernate or migrate.
- We feel a need to spend time cozied up indoors, to sleep more, rest, eat and restore our energy.



WATER CHARACTER

BALANCED & HEALTHY

- Cool, calm, Relaxed, reflective, Naïve
- Mystery, spirituality, Truth, Objective, Mirroring
- Wisdom, knowledge, intelligent, Clarity, intuition
- Emotional sensitivity, Duality
- Act appropriately
- Artistic, Imagination, innovation, highly creative
- Flexible, Adjustable, Intuitive
- Perseverance, Movement
- Gentle and indirect, flow over Obstacles
- Communicate good- listening and talking
- Use resources wisely
- Slow
- Foolish
- Misguided or irrational
- Indecisive
- Kidney issues
- Susceptible to fear
- Influenced by others
- Influenced by their emotions
- Too sensitive



REN - YANG WATER DM



WATER

GENERAL

NATURE

CHARACTER

REN-YANG WATER

GUI- YIN WATER

RELATIONSHIPS

HEALTH

BALANCE

REN - YANG WATER DM

CHARACTERISTICS

- Dynamic Water, Never stop, like tsunami, enormous force
- Always Ahead of Everyone Else
- Need of Structure and Direction
- Unstoppable, moving in one direction
- Very intelligent
- motivate other people
- courageous and tend to seek opportunities,
- Honest and sincere
- Exceptional Intellect
- Grand Adventurers
- Remembering Vital Facts
- Considers Every Detail Before take Decision
- Needs Reassurance
- Desire to Be the Best in Everything
- Happier When Taking Initiative
- Strong vs Weak
- distracted and lose focus
- little reckless
- When they get confused, they can lose track of what they believe in and act mischievously and manipulatively
- Good- Fast to react, Adaptable, Intelligent, Adventurous, Big visions, Realistic, Quick to adopt skills (copycats)
- Bad- Wanderer, Selfish, Image freaks, Pessimistic, Loners, Too independent, Fear
- Work- Ambitious, Sociable, Cost efficient, Open-minded leader, Logical, Natural born entrepreneurs, Grand thinking
- Health- Yang Water represents :Urinary bladder, lower leg, and ears.
- balanced Yang Water is likely to live a life blessed with good health.
- Excess or deficient Yang Water may manifest in urinary bladder problems, back pain, weak knees, or poor blood circulation.

REN - YANG WATER DM

FAMOUS REN DM PEOPLE :

- Bill Gates
- Simon Cowell
- Michael Douglas
- Freddie Mercury
- Warren Buffet
- Robert Redford
- Jennifer Lawrence
- Robin Williams
- Tom Cruise
- Bob Dylan
- Chris Rock
- Marlon Brando

Day	Month	Year
Yang Water 50 壬 Ren	Yang Fire 80 丙 Bing	Yin Wood 50 乙 Yi
Dog 戌 Xu	Dog 戌 Xu	Goat 未 Wei
Yang Earth 60	Yang Earth 60	Yin Earth 60
Yin Metal 16	Yin Metal 16	Yin Fire 16
Yin Fire 16	Yin Fire 16	Yin Wood 10

Bill Gates, October 28, 1955



GUI - YIN WATER DM



GUI - YIN WATER DM

CHARACTERISTICS

- The Nurturing Mist or fog
- Highly Perceptive
- Considering the Needs of Others
- Thinking Out of the Box
- Fancies Academically Stimulating Thoughts
- strong intuition and instincts
- Following the Less Traveled Path
- Nourishing their environment, relaxing, moving slowly and interactively
- Changeable Paths and Goals
- Eloquent Speakers and passionate for teaching
- Does Not Back Down From Any Challenge
- Strong vs Weak
- look passive, but they really do not.
- Others can be swallowed up in them without paying attention until suddenly we feel inside them
- Have many thoughts, dreams and fantasies
- strong imagination and see the whole picture
- timid but strong
- Solve problems with soft, tenderness
- Tend to be very romantic
- Unpredictable
- May be paranoid, deviant, and even sadistic
- Good- Adaptable, Good debaters, Communicative, Out-of-box thinking, Analytical, Artistic, Easy-going
- Bad- Lack of consistency, Lack of focus, Moody, Too many ideas, Small vision, Shy, Fearful
- Work- Unpredictable, Multitaskers, Inspiring leader, Work and life mixed, Passion driven, Need freedom
- Health- Yin Water represents : Kidney, foot, egg and sperm, blood, sexual energy, and brain.
- Balanced Yin Water indicates a person with good genes, a sharp mind, and overt sexuality.
- Excess Yin Water manifests as a heaviness in the body, difficulties walking, and heart and/or blood problems.
- Deficient Yin Water - may see lower back pain, poor memory, decreased libido

GUI - YIN WATER DM

FAMOUS REN DM PEOPLE :

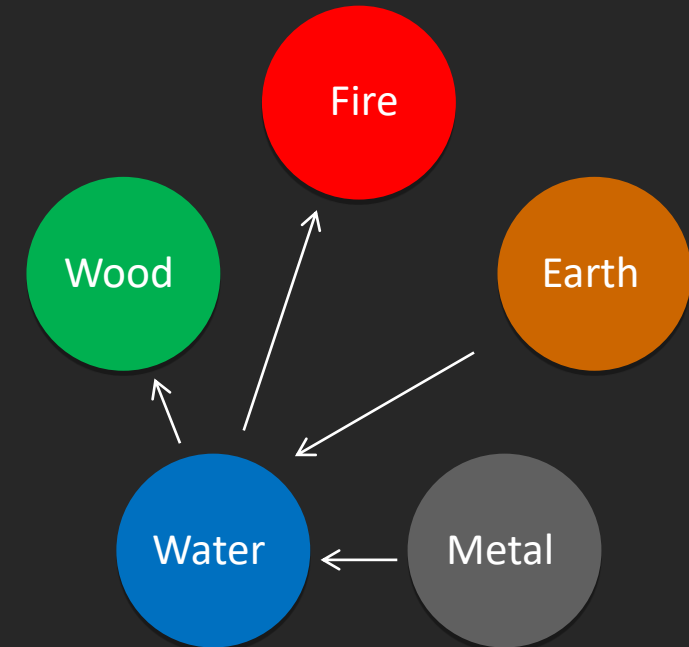
- Johnny Depp
- Stephen King
- Jimmy Fallon
- Guy Ritchie
- B.B. King
- Richard Gere
- Cameron Diaz
- Amy Adams
- Vin Diesel
- Dalai Lama
- Meryl Streep
- Alicia Keys
- Alanis Morissette
- Elton John
- Dr. Dre
- Colin Farrell
- Ellen DeGeneres
- Jackie Chan

Day	Month	Year
Yin Water 50 癸 Gui	Yang Water 50 壬 Ren	Yin Wood 50 乙 Yi
Goat 未 Wei	Horse 午 Wu	Pig 亥 Hai
Yin Earth 60 Yin Fire 20 Yin Wood 10	Yin Fire 70 Yin Earth 30	Yang Water 35 Yang Wood 15
Dalai Lama, 6 July 1935		



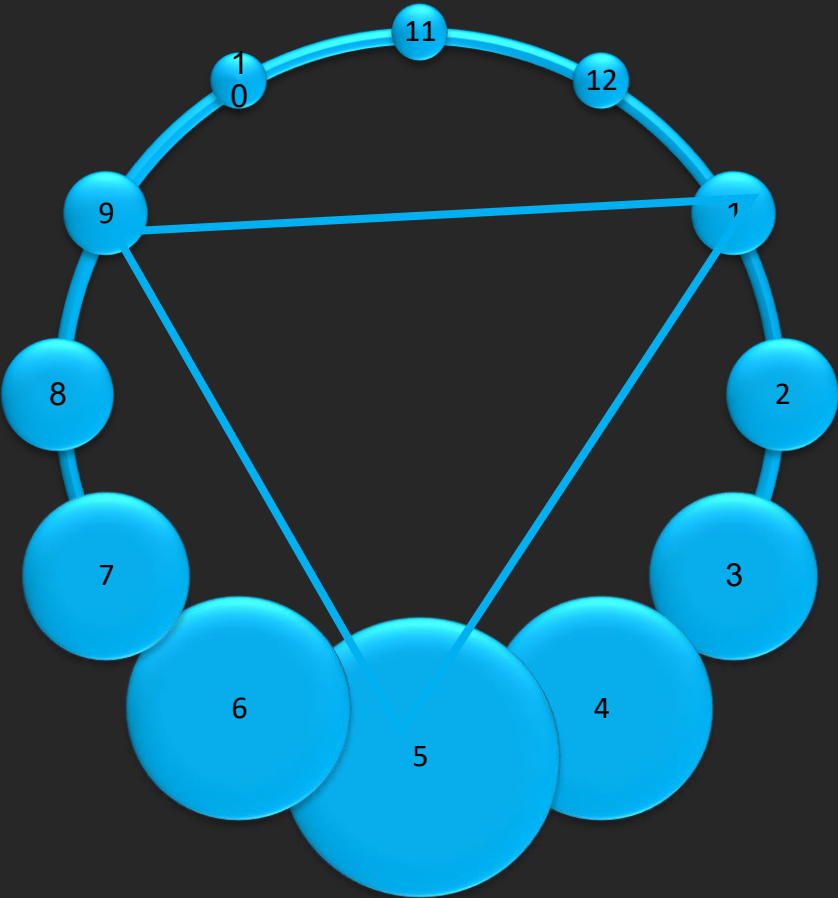
WATER DM- RELATIONSHIPS

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- Output (son)- wood
- Wealth (grandson)- fire
- Power (grandfather)- earth
- Support (mother)- metal



STRENGTH OF THE DM

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	GENG	XIN			GENG	XIN	GENG	XIN	
	REN	GUI	REN	GUI	REN	GUI	REN	GUI	
BRANCH	YIN	MAO	CHEN	YIN	MAO	CHEN	YIN	MAO	CHEN
	SI	WU	WEI	SI	WU	WEI	SI	WU	WEI
	SHEN	YOU	XU	SHEN	YOU	XU	SHEN	YOU	XU
	HAI	ZI	CHOU	HAI	ZI	CHOU	HAI	ZI	CHOU



WATER HEALTH

- ☐ Blood-related problems
- ☐ Cervical / thoracic / limber pain
- ☐ Coughing
- ☐ Dark complexion
- ☐ Disfunction of little toe
- ☐ Dizziness and blurred vision upon standing
- ☐ Dry and painful throat
- ☐ Dry tongue
- ☐ Flushing
- ☐ Gluteal pain
- ☐ Heart pain
- ☐ Hemoptysis
- ☐ Hoarseness
- ☐ Hot mouth
- ☐ Inability to bend hip
- ☐ Jaundice
- ☐ Kidney- urinary issues
- ☐ Leg pain, knee, ankle
- ☐ Lumbar spine pain
- ☐ Occipital Headache
- ☐ Orbital tension
- ☐ Pain and cold in medial thigh and leg
- ☐ Pain and heat in the soles
- ☐ Paranoia
- ☐ Posteromedial thigh pain
- ☐ Restlessness
- ☐ Sensation of hunger without desire to eat
- ☐ Sexual organs and related sexual diseases
- ☐ Stiff Neck
- ☐ Tears
- ☐ Urinary and prostate problems
- ☐ Watery diarrhea
- ☐ Wheezing
- ☐ When Water element is not balanced, either too weak or excessive, problems in these areas might occur.
- ☐ Yellowish eyes

BALANCING ACTIVITIES

SPORTS AND ACTIVITIES

stimulate weak water energy

- ✓ Swimming – especially in the sea or a large lake to increase Yang Water
- ✓ Run or walk – close to water, along with the seashore or riverbanks
- ✓ Walk outdoors, connect with the universe on a Winter’s night
- ✓ Long baths and showers
- ✓ Live near Water – a riverside, lake view or by the seaside
- ✓ Wear more black colored clothing
- ✓ Sleep on a metal or waterbed

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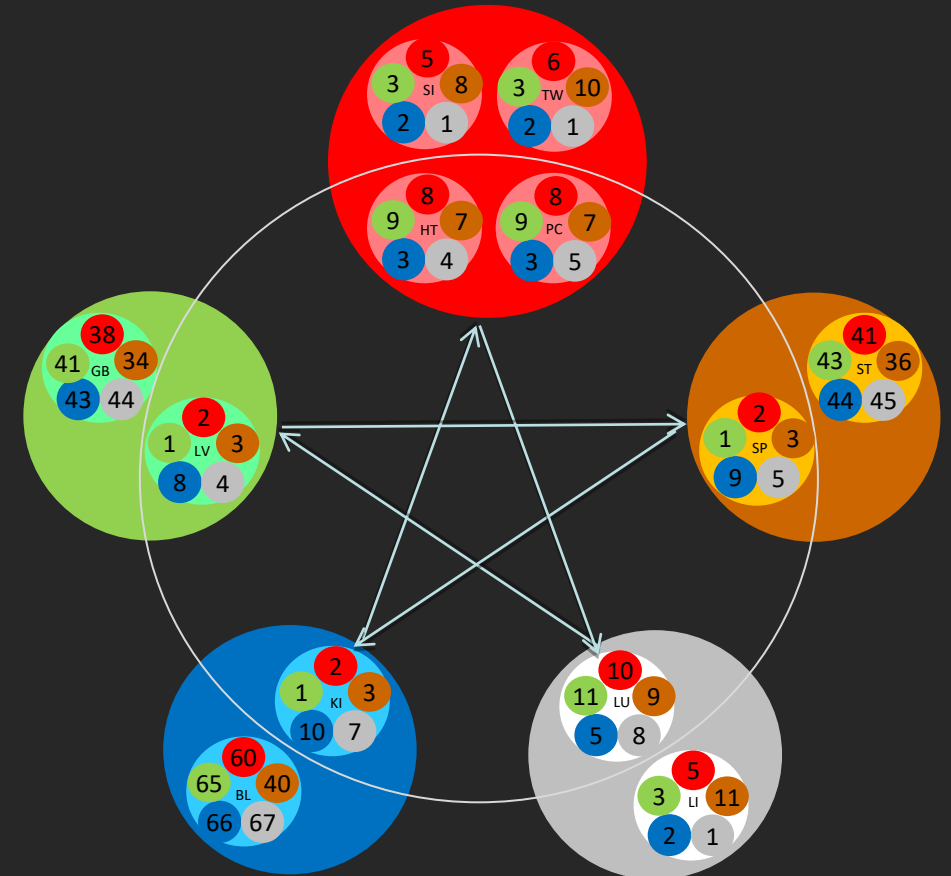
Avoid If element is too excessive

- ✓ Shipping, transportation, courier or moving business
- ✓ Business with water and seafood
- ✓ Strategic planning and analysis
- ✓ Laundry and cleaning business

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